

# WOMEN IN SPORT Week 4<sup>th</sup>-10<sup>th</sup> March 2024



PROGRAMME	LOCATION	STARTS	TIME	REGISTER
Its My Time exercise for Women 40+	Trim/Kells Family Resource Cntr	Monday 4 <sup>th</sup> & Tue 5 <sup>th</sup> March	From 10am	<a href="#">Click here to Register</a>
0-3k & 3-5k social run programmes	Bettystown, Navan, Tara, Trim & Enfield	Monday 4 <sup>th</sup> March	7pm	<a href="#">Click here to Register</a>
Walking Netball for Women	Drogheda Grammar School	Monday 4 <sup>th</sup> March	6pm	<a href="#">Click here to Register</a>
Olympic Handball for Girls 13-17yrs	Secondary Schools	Tuesday 5 <sup>th</sup> March	9am – 12pm	<a href="#">Private Event</a>
Social Soccer for Women 16+	Navan, Dunshaughlin, Kentstown	From Tuesday 5 <sup>th</sup> March	From 7pm	<a href="#">Click here to Register</a>
PDP 1 All female Soccer Coaching	Navan	Tuesday 5 <sup>th</sup> March	6.30pm	<a href="#">Click here to Register</a>
Coaching Teenage Girls Workshop	Online - Zoom	Tuesday 5 <sup>th</sup> March	6.30pm	<a href="#">Click here to Register</a>
Socia-Ball (Women 16+)	Athboy & Ashbourne	From Tuesday 5 <sup>th</sup> March	7-8pm	<a href="#">Click here to Register</a>
HER MOVES 'Girls Choice' Activities	Meath Travellers Workshop	Tuesday 5 <sup>th</sup> March	1.30 – 3pm	<a href="#">Private Event</a>
Dance for women 40/50/60+	Kells	Wednesday 6 <sup>th</sup> March	11am	<a href="#">Click here to Register</a>
Badminton for Teen Girls and Women	Colaiste na hInse, Bettystown	Wednesday 6 <sup>th</sup> March	From 5pm	<a href="#">Click here to Register</a>
Active Women fun/energising	St. Pauls NS Navan	Wednesday 6 <sup>th</sup> March	7-8pm	<a href="#">Click here to Register</a>
Her World Her Rules Girls (8-10yrs)	Primary Schools Basketball	Thursday 7 <sup>th</sup> March	11am	<a href="#">Private Event</a>
Run Jump Throw Teens	Claremont Stadium, Navan	Thursday 7 <sup>th</sup> March	6-7pm	<a href="#">Click here to Register</a>



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Enquiries and registrations to Lisa O Dowd  
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