



# Meath Local Sports Partnership **ANNUAL REVIEW**

**2022**



**ORGANISATION NAME**  
Meath Local Sports Partnership CLG

**ORGANISATION TYPE**  
A company limited by guarantee

**COMPANY NUMBER**  
366435

**REGISTERED OFFICE**  
Townhall, Watergate Street, Navan, Co. Meath C15 C821

**AUDITOR**  
Clarke Corrigan & Co, Statutory Auditor Firm,  
1 Bedford Place, Dillonsland, Navan, Co. Meath

**PRINCIPAL BANKERS**  
Bank of Ireland, Market Square, Navan, Co. Meath

**DIRECTORS**  
Cllr. Sharon Tolan – Chairperson  
Cllr. Gerry O Connor – Company Secretary & Treasurer  
Ms. Moira Aston  
Mr. Paddy Kelly  
Ms. Alison Lynch  
Ms. Carmel Halpin  
Cllr. Padraig Fitzsimmons  
Mr. Dwyne Hill

# CONTENTS

Chairperson's & Senior Executive Officer Statement .....	1
Principal Activity and Review of the Business .....	2

## SECTION 1 – Governance & Structure

Finance Audit and Risk Committee (FARC) .....	4
Strategy Committee .....	4
A Code of Practice for Good Governance of Sport .....	5
Meath LSP Structure .....	6
Meath LSP Support Services .....	6
Human Resources .....	6
Health & Safety .....	6
Meath LSP Staff Team 2022 .....	7
Meath County Council funded .....	
Sports Development Officers (SDO's) .....	8

## SECTION 2 – Our Purpose

Our Purpose .....	10
Our Key Stakeholders .....	11
Our Target Groups .....	12
Statement of Equality .....	12

## SECTION 3 – What We Achieved in 2022

What We Achieved in 2022 .....	14
--------------------------------	----

### Strategic Priority – Increase Participation In Sport & Physical Activity

Meath Sports Ability 2022 .....	16
Key Disability Inclusion Highlights .....	18
Key Learnings for Disability in Sport 2022 .....	18
Gaps in the Disability Programme .....	19
Community Sports Hub 2022 .....	19
Progress to date .....	20
Year on year comparison .....	21
Next steps for the Community Sports Hub .....	21
Active Communities 2022 .....	22
National Play day .....	24
Winter Initiative .....	24
Young People And Children 2022 .....	26
Youth Programmes Highlights .....	26
Going forward... ..	27
School based programmes .....	27
Looking ahead to 2023.... ..	29
Women In Sport 2022 .....	30
Teenage Girls .....	31
National Campaign: Women in Sport Week (9th-13th March 2022) .....	31
Partners/Stakeholders involved in the week .....	32
HER Outdoors Week – National Campaign supported by Sport Ireland .....	32
Going forward... ..	33
Royal County Event 2022 .....	34
Slane Castle 5k Trail Run & Walk .....	34
Older People 2022 .....	35
Comparing 2021–2022 .....	36
Key Learnings .....	37
Next Steps .....	37

### Strategic Priority – Capacity Build Clubs, School, Community and NGBS

Education & Training Report 2022 .....	38
Safeguarding 1 Basic Awareness in Child Protection .....	38
Safeguarding 2 Club Children's Officer Workshop .....	38
Safeguarding 3 Designated Liaison Person (DLP) Workshop .....	39
Sports Injuries First Aid Course .....	39
Looking back... ..	39
Sport Ireland Coaching: Club Education & Training .....	40
Other Education & Training: Cycle Right Training .....	40
Outdoor Education .....	41
Orienteering .....	42
Club webinars .....	42

### Strategic Priority – Communications

Social Media Reach .....	43
Social Media Followers .....	43
What posts worked well in 2022 .....	44
Ezine/Newsletter .....	44
Growing Meath LSP Brand & Awareness .....	45
National LSP Communications measure .....	45

### Strategic Priority – Collaboration and Partnerships

NGB engagement and collaboration .....	46
Partners linked with in 2022 .....	47
Club & NGB development .....	47
Agency – collaboration and engagement .....	49
Drogheda Implementation Board (DIB) .....	49
National Sports Development Officer Conference .....	50
Club Development and Support Grants .....	50
Covid-19 club small grants 2022 .....	50
Meath LSP Club small grant scheme .....	50

### Strategic Priority – Building Capacity of Meath LSP

Staff Training .....	51
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## SECTION 4 – Financial Summary & Statements

Core Investment .....	53
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## Appendix

Financial Statements .....	54
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## Chairperson's & Senior Executive Officer Statement

We are delighted to present our Meath Local Sports Partnership (Meath LSP) Annual Report 2022. Our work in 2022, was informed by our Strategic Plan 'Active Meath – More People, More Active, More Often 2017 – 2022' while nationally we were guided by the National Sports Policy 2018 – 2027, Sport Ireland's Participation Strategy and the National Physical Activity Plan.

In response to the challenges brought on by the Covid-19 pandemic, Meath LSP, together with our partner agencies and the sporting community, proactively created opportunities for participation in sport with a particular focus on the most vulnerable groups. In 2022, Meath LSP successfully worked towards facilitating more opportunities for sport and physical activity, building capacity, club development and providing information. A noteworthy trend was the move towards more outdoor physical activities which we will continue to support into the future.

A key strength of Meath LSP is our positive collaboration with the statutory agencies, sports clubs and community organisations; those strong partnerships are fundamental to enabling us to facilitate opportunities for the continued participation in sport and physical activity. Critical to this success, is our team of community coaches, tutors and club volunteers. We extend our sincere thanks to all for their ongoing commitment, energy, investment and support in Meath LSP.

Managing the demands on our organisation within the available resources is an ongoing challenge. We would like to acknowledge the Board of Directors of Meath LSP and our various sub committees for their work and dedication to Meath LSP, and for their effective oversight and management of the organisation throughout 2022. Furthermore, we are grateful for the positive engagement and oversight in ensuring Meath LSP has effective governance processes in place which allow us to deliver effectively on our strategic objectives.

We would like to thank Meath County Council for their commitment to Meath LSP (both in terms of financial support and physical resources); Sport Ireland for their ongoing advice, guidance, financial support and the network of Local Sports Partnerships around the country for their positive engagement, support and advice.

Finally, we thank the staff of Meath LSP who have shown tremendous resilience, commitment and positivity throughout 2022. This commitment to Meath LSP is integral to the delivery of our strategic objectives and ultimate success of Meath LSP. We are determined to succeed and perform, growing in strength, courage and pride as we face each challenge and opportunity together.

Critical to our continued success, will be the support of the Board of Directors, Meath LSP staff, key national and local stakeholders, National Governing Bodies, clubs, organisations, educational establishments and the volunteers within our local communities in Meath. Working collaboratively, we will grow the strategic capacity of Meath LSP and ensure it becomes the lead agency for sports participation within the county. Our work is about leading a shift in culture and a shift in everyday practice where more people, are more active, more often in Meath.

In 2022, we successfully facilitated a wide range of programmes, events, and initiatives which enabled sports development, enhanced health and well-being and contributed to quality of life of the people in Meath. Increasing participation in sport and physical activity remains the cornerstone of our work in Meath LSP and we look forward to achieving this by working with all the sporting community in 2023.

Yours in sport,



**Sharon Tolan**  
Chairperson, Meath LSP



**Mary Murphy**  
Senior Executive Officer, Meath LSP

## Principal Activity and Review of the Business

Meath Local Sports Partnership (Meath LSP) was established in 2002 by the Irish Sports Council to plan, lead and coordinate the development of sport and physical activity in County Meath. Meath LSP provides a leadership role for the co-ordination, development and delivery of sport and physical activity opportunities in County Meath within the framework of our strategic plan and the resources available. Our work includes the provision of information on sport and physical activity, the facilitation of education and training opportunities and supporting the development and implementation of programmes and events that encourage greater participation.

Meath LSP operates with the support, investment, and leadership of Sport Ireland (SI) and we support SI to realise their sports participation objectives locally. We are also guided by the National Sports Policy 2018-2027, the National Physical Activity Plan for Ireland, and the Healthy Ireland Framework. We are guided at local level by the Meath LSP Strategic Plan 2017 – 2022 and the ongoing input of our partners.

To achieve this, the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The National Sports Policy has a total of 57 actions, 26 of which relate to sports participation.

Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).

Meath LSP works with and supports the work of the staff and volunteers of our partners and stakeholders in promoting participation in sport and physical activity. We are supported in this role by local and national agencies, statutory bodies, sporting organisations and community and voluntary organisations.

In guiding our work, Meath LSP uses the definition of sport established by the Council of Europe which encompasses “all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels.”



# **SECTION 1**

## **Governance & Structure**

## Governance & Structure

Meath Local Sports Partnership is a Company Limited by Guarantee, not having a share capital, (Meath LSP CLG) was established as a limited company in January 2003. The company's constitution was reviewed and updated in 2022, a process led by Meath LSP's Financial Audit Risk Committee and approved by the full Board of Directors.

Meath Local Sports Partnership (Meath LSP) is governed by a Board of Directors from local agencies and community organisations with representation and membership as set out in the Meath LSP Constitution. The Board of Meath LSP is responsible for the strategic direction of the organisation and for monitoring and reviewing the delivery of the Meath LSP strategy.

The board of directors is also collectively responsible for the oversight of the company's financial governance, financial management and internal control. The duties of the Meath LSP Board, as set out in the Board Terms of Reference, include:

- Setting the strategic direction and reviewing progress.
- Monitoring organisational performance.
- Ensuring that financial, legal, regulatory, and governance obligations are adhered to.

- Monitoring and assessing its performance and that of its committees.

The Board of Meath LSP established two sub-committees to assist with efficiently carrying out the functions of the company.

### Finance Audit and Risk Committee (FARC)

FARC has an independent role in providing assurance to the Board on financial governance, financial reporting, internal control, and audit and assurance matters as part of a systematic review of the control environment and governance procedures of Meath LSP.

### Strategy Committee

The Strategy committee, on behalf of the board, is responsible for all matters relating to strategic planning and implementation, performance monitoring and reporting, and related policies.

The directors who served during 2022 are as follows

Organisation/Area Representing	Name	Specific Role/Committee Membership
East Meath, Co-Opted Member	Cllr Sharon Tolan	Chairperson of Meath LSP
Community Facilities, Co-Opted Member	Cllr Gerry O Connor	Company Secretary & Treasurer Chairperson of Farc
GAA	Paddy Kelly	Member of Strategy Oversight Sub-Committee
Outdoor Sports (Canoeing), Co-Opted Member	Moirra Aston	Chairperson of Strategy Oversight Sub-Committee
HSE	Carmel Halpin	Member of Strategy Oversight Sub-Committee
MCC – CEO Appointment	Alison Lynch	Member of Farc
MCC Elected Representative's Nominee	Cllr Pdraig Fitzsimmons	Member of FARC
Co-opted member	Dwyne Hill	Member of Strategy oversight sub-committee



## A Code of Practice for Good Governance of Sport

The Governance Code for Sport ("the Code") builds on the work of the Code of Practice for Good Governance of Community, Voluntary and Charitable (CVC) Organisations in Ireland, as taken over by Sport Ireland in June 2019.

The Government's National Sports Policy, published in July 2018, tasks Sport Ireland with overseeing a process whereby all National Governing Bodies (NGBs) and Local Sports Partnerships (LSPs) adopt the Code by the end of 2021. In taking over the Code, Sport Ireland can ensure that this objective is delivered and that all funded organisations have appropriate governance structures in place.

For the purposes of compliancy with the Governance Code, Meath LSP falls under Type C category classification. The main characteristics of Type C organisations is that the people who sit on the board focus solely on their governance/oversight role, delegating management and operational duties to the staff. There is a clear division between the governance role of the board and the management role of staff.

Meath LSP's journey to compliancy included the guidance and direction of the Institute of Public Administration (IPA) as consultants to the eight limited company local sports partnerships in preparation for compliance with the code. As such the IPA in consultation with the Coordinators, Boards and sub board committees prepared a Governance Framework manual which all Limited Company LSP's adopted.

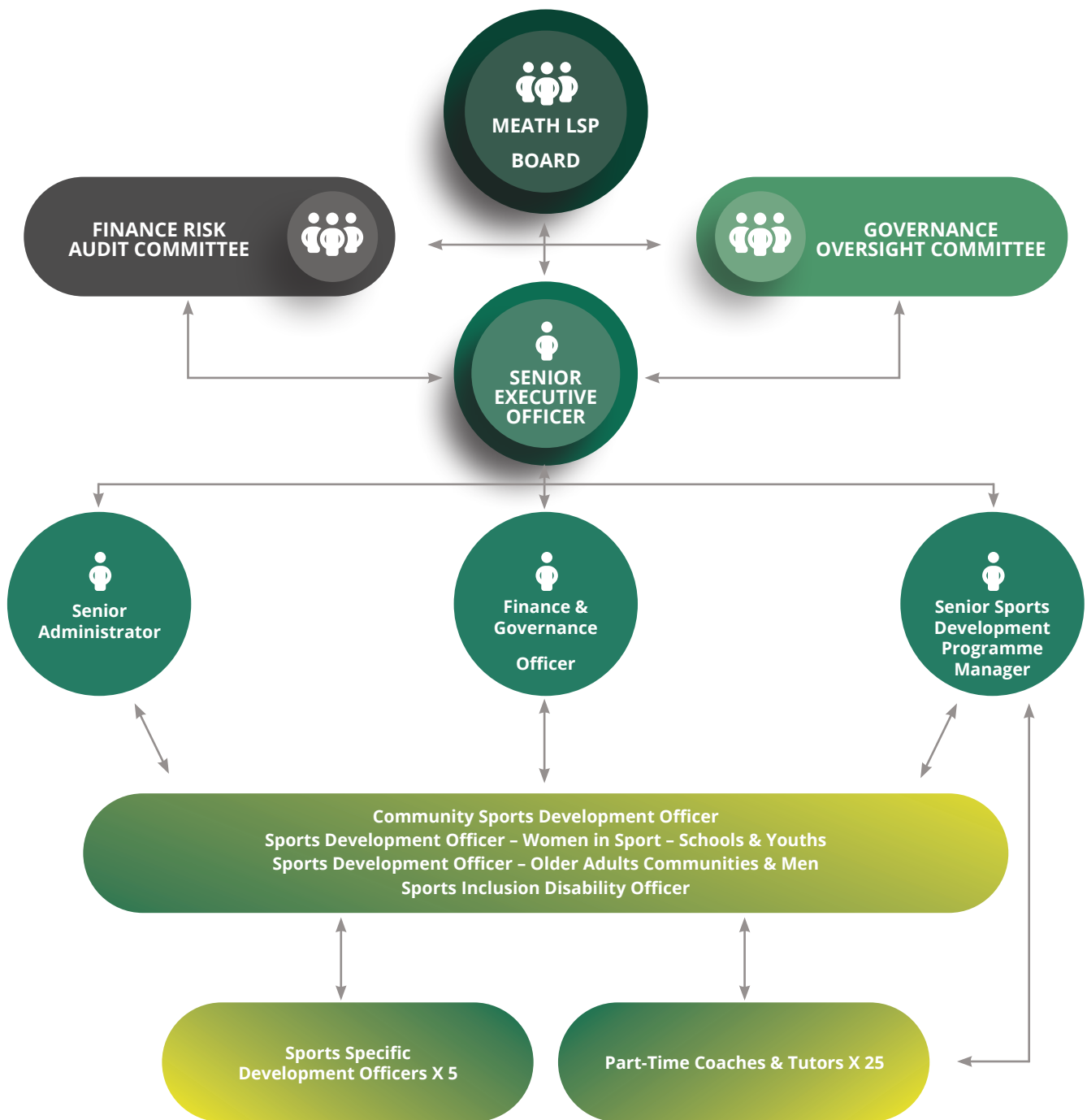
The purpose of this Governance Framework (GF) was firstly, to provide a concise and comprehensive overview of the principal aspects of corporate governance for the board members, the co-ordinator and team of the Local Sports Partnership (LSP), and secondly, to consolidate the existing governance policies and procedures of the LSP's.

In line with the development of the Framework, the board sub committees continue to review and amend existing and required policies and practices for the company

*"The Strategy committee... is responsible for all matters relating to strategic planning and implementation, performance monitoring and reporting, and related policies"*



Board and staff of Meath LSP with CEO of Sport Ireland, Dr. Una May and Oisín Foley & Sophie Harrison of the Sport Ireland Participation unit attending our Board/Staff appreciation day 2022.



### Meath LSP Support Services

As part of the ongoing need for support and guidance for a limited company, Meath LSP continues to receive expertise for the board, team, and company in the areas of Human Resources, Health & Safety, Legal Support and Financial Management.

### Human Resources

Voltedge Management Limited consultants provide ongoing support on all aspects of HR within each of the limited company LSP's. The main focus of priority and support were in the development of a

new employee handbook, contractor's handbook, review of contracts, recruitment management and HR consultancy as and when required by each of the nine limited company LSP's.

### Health & Safety

Given the continued growth and access to services coordinated by the limited company LSP's, an agreement was secured with Peninsula Health and Safety Consultants to review, update and provide ongoing support and expertise in the area of health and safety as and when required.



## Meath LSP Staff Team 2022

The Senior Executive Officer of Meath LSP has overall accountability, responsibility, and authority for management of the business and affairs of Meath LSP under the guidance of the Board of Directors whilst assuring compliance with regulatory and governance requirements.

Meath LSP employs a highly qualified, fulltime, professional and motivated staff who are allocated key portfolios and work closely with the Senior Executive

Officer, the Board, part-time tutors and coaches and other providers to develop and deliver programmes and activities.

The staff team of Meath LSP are employed to carry out the work of the LSP as detailed in our strategic plan and to work with our many partners and stakeholders to support and develop opportunities to participate in sport and physical activity in Meath.



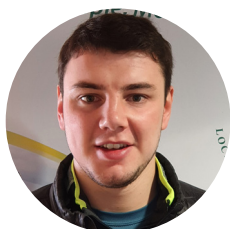
**Mary Murphy**  
Senior Executive Officer



**Lynn O'Reilly**  
Senior Administrator



**Ruairi Murphy**  
Senior SDO  
& Programme Manager



**Terry Donegan**  
Sports Inclusion  
Disability Officer



**Lisa O'Dowd**  
Sports Development Officer



**Una Pearson**  
Community Sports  
Development Officer



**Luke Condie**  
Sports Development Officer



**Selva Raja**  
Finance &  
Governance Officer



**Avril Dunne**  
National LSP  
Communications Officer

## Meath County Council funded Sports Development Officers (SDO's)

Meath County Council's & Meath Local Sports Partnership's commitment to developing participation in sport and physical activity amongst the identified target areas builds on and is guided by:

- Meath County Council – County Development Plan 2021 – 2027
- Meath LSP Strategy 2017 – 2022
- National Sports Policy 2018 – 2027

As part of this commitment MCC fund five National Governing Bodies of Sport to deliver to following areas of work:

- Specific measures delivered to increase participation in sport in the following population groups:
  - Men over 35+
  - People with disability
  - Disadvantaged communities and ethnic groups
  - Areas with increased social & rural isolation
  - Young girls/teenagers and women

- Develop “feeder clubs” and “come ‘n try” activities in areas of high population densities, rural isolation, new communities and with new nationalities
- Capacity build & develop volunteer support within local club & community structures to deliver programmes which increase sport and physical activity
- Establish pre and post participation baseline data to include the use of the M1 Evaluation Tool, this information will feed into reports which must be completed by Meath LSP

On behalf of MCC, Meath LSP oversees the work of the following funded SDO's:

- Leinster GAA – Damien Sheridan
- Leinster Rugby – Billy Phelan
- A group of people posing for a photo
- Description automatically generatedFAI – Richie Smith
- Basketball Ireland – Casey Tyron
- Ladies Gaelic Football – Stacey Grimes





## **SECTION 2**

### **Our Purpose**

# Our Purpose



## Our Vision

More People, More Active, More Often in Meath



## Our Mission

To increase participation in sports and physical activity throughout County Meath

### Supporting

Supporting quality sports and physical activity opportunities.

### Connecting

Connecting people with sports and physical activity.

### Making

Making best use of County Meath's sports and physical activity resources.



## Our Strategic Goals

### Active Communities

More people, more active, more often. Meath LSP will continue to support a range of sport and physical activity pathways, programmes and facilities in Co. Meath.

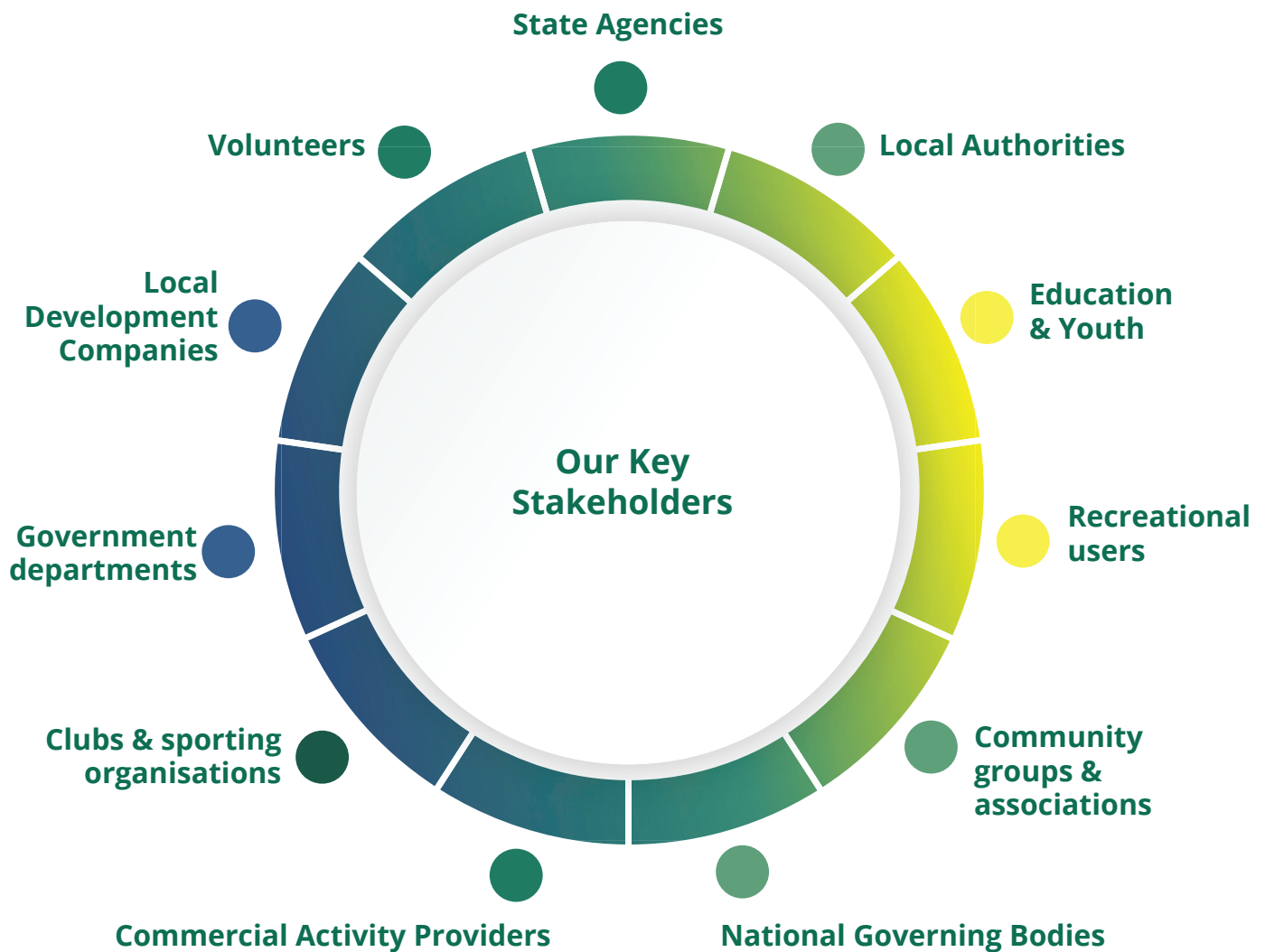
### Active Partnerships

Meath LSP will engage with and support the partner organisations and National Governing Bodies of Sport, who ensure sport and physical activity is possible in our County.

### Active Processes

Meath LSP will operate in an effective and transparent manner, grow the capacity of our staff, research our impact, communicate effectively and make best use of our data and IT systems.

## Our Key Stakeholders







### Our Target Groups

While we endeavoured to support the increase in participation in sport and physical activity of the people of County Meath, individuals with low participation rates in sports and physical activity, remained our particular focus. Our priority target groups are:

- Young people and children
- Women
- Older People
- People with disabilities
- Ethnic minorities, travellers and disadvantaged communities.

### Statement of Equality

*Meath LSP believes all people, irrespective of ability, age, cultural background, educational attainment, ethnicity, family status, gender, marital status, physical, mental and intellectual capabilities, religious beliefs or sexual orientation are entitled to enjoy the benefits of improved physical and mental health resulting from their participation in sport and physical activity.*

We recognise that not all people have equal opportunity to participate in sport, and we commit ourselves to ensuring that our programmes reach out to under-represented groups, and to advocate for a society where inclusive participation is the norm.

Members of the Royal Rockets club taking part in the Come 'n Try Orienteering programme in Blackwater Park



## **SECTION 3**

# **What We Achieved in 2022**

## What We Achieved In 2022

Meath LSP provides a leadership role for the co-ordination, development and delivery of sport and physical activity opportunities in County Meath within the framework of our strategic plan and the resources available. Our work includes the provision of information on sport and physical activity, the facilitation of education and training opportunities and supporting the development and implementation of programmes and events that encourage greater participation.

Our 2022 annual report sets out our achievements under the five strategic priorities of the Meath LSP strategy. Increasing participation in sport is the overall aim and our overall strategic priority. We continued to support, develop &

promote participation in sport through collaborative partnerships with Sport Ireland, recognised National Governing Bodies (NGB's) of sport, local agencies, clubs and communities.

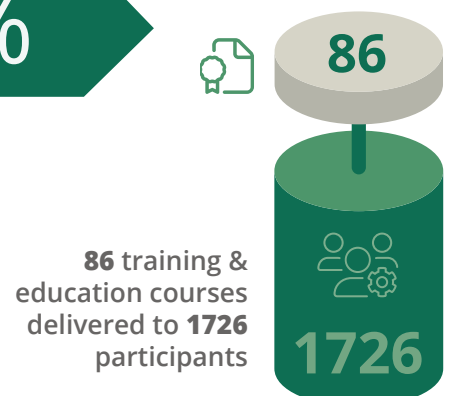
## Meath LSP in Numbers

Meath Local Sports Partnership a year in the life 2022



24,861  
People participated in  
Meath LSP Programmes

530 Programmes delivered in  
53 locations across Meath





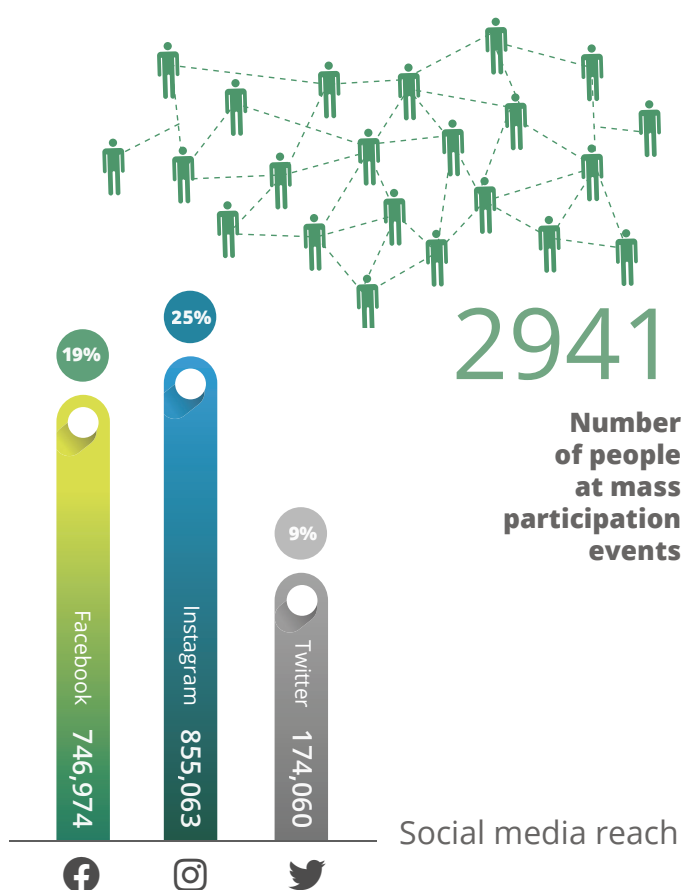
During the first six months of 2022, COVID 19 restrictions continued to impact negatively on the return to sport and physical activity for the general population. Our participation levels at this time, albeit higher than the same period in 2021, were still less than our participation numbers pre-Covid. With the safe return to face to face activity in the latter half of the year, participation in sport and physical activity continued to rise and recover from the impact of Covid-19.

Those impacted more severely during this time, were people with a disability. Disability services and providers maintained a slow but gradual return to full capacity for nearly nine months in 2022. Given those challenges, we are particularly proud of the significant increase in participation by people with a disability in sport. Those findings are further detailed in this report.

One of our other priority work areas in 2022 in which we concentrated significant staff resources was in the area of Partnership Engagement & Collaboration. In order to maintain and grow our overall participation numbers and to increase the sporting opportunities for our target populations, we prioritised the development of partnership agreements with schools, clubs and community

groups. We are now reaping the rewards of those agreements, with reduced programme and venue hire costs, and a culture of sport and physical activity being fostered at local level.

Meath LSP on behalf of Sport Ireland administered a number of funding measures which supported local sports clubs and communities to recover and grow post-pandemic, and to ensure that people of all ages and abilities returned to sport and physical activity. In order to ensure this safe return, additional funding was provided to develop the capacity of volunteers. Again, those highlights are further detailed within this report.



## Meath Sport Partnership Stakeholders in Action 2022

Meath LSP worked with **61** partner organisations on **78** programmes/ events

**33** Local Agencies

**28** National Governing Bodies

**45%** Increase in Engagement

MCC funded sports development officers delivered to **4455** participants from our target population group

Meath LSP engaged with **21** tutors/ coaches to assist with the delivery of our programmes

**4** New tutors



**4** New Coaches Recruited in 2022



comhairle chontae na mí  
meath county council





## STRATEGIC PRIORITY

### Increase Participation In Sport & Physical Activity

**GOAL:** We will increase participation levels and the number of opportunities to participate in sport and physical activity, ensuring a fully inclusive county wide approach.

For the purposes of this report, overall summaries are provided per target population group:

- Inclusion of people with a disability (Meath Sports Ability)
- Ethnic minorities, travellers and disadvantaged communities
- Young people and children
- Women
- Older People

#### Meath Sports Ability 2022

Meath LSP works closely with National Governing Bodies (NGB's), local sports clubs, HSE & Disability services, Disability groups, parents and individuals with the primary aim of providing opportunities for children and adults with a disability to be more physically active.

By working closely with those organisations, we sought to deliver against the following strategic actions:

- Develop, support and coordinate specific programmes to increase participation levels amongst people with disability, ethnic minorities, LGBTQI+ and communities where inactivity inequalities exist
- Ensure sport and physical activity is inclusive, safe, diverse, shared and offers equality of opportunity for all

- Work with key decision makers in creating inclusive active places and inclusive active communities by improving infrastructure to enable greater use of existing assets for sport and physical activity

We achieved those goals through:

- Delivering a targeted approach to support local sports clubs interested in developing an inclusive group.
- Continuing to provide Inclusive Training and Education opportunities for coaches and volunteers across Meath
- Increasing engagement with special schools and Autism units within Meath
- Expansion of the Run Jump Throw & Learn 2 Cycle programmes into new areas and communities.
- Increasing the variety and reach of Inclusive Adult programmes as services moved back to in person engagement.

#### Programme Stats

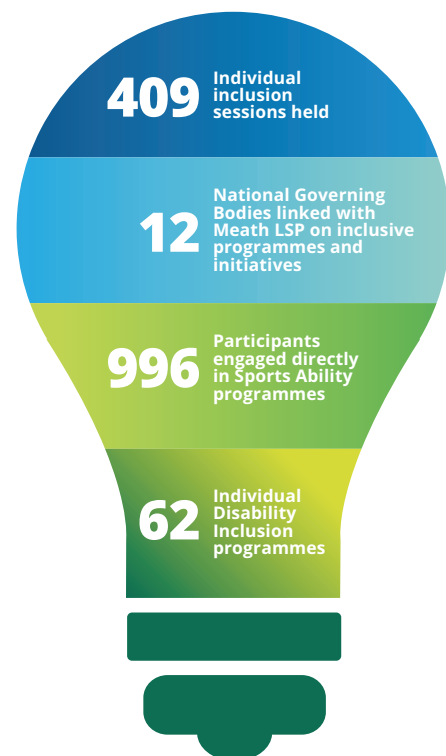
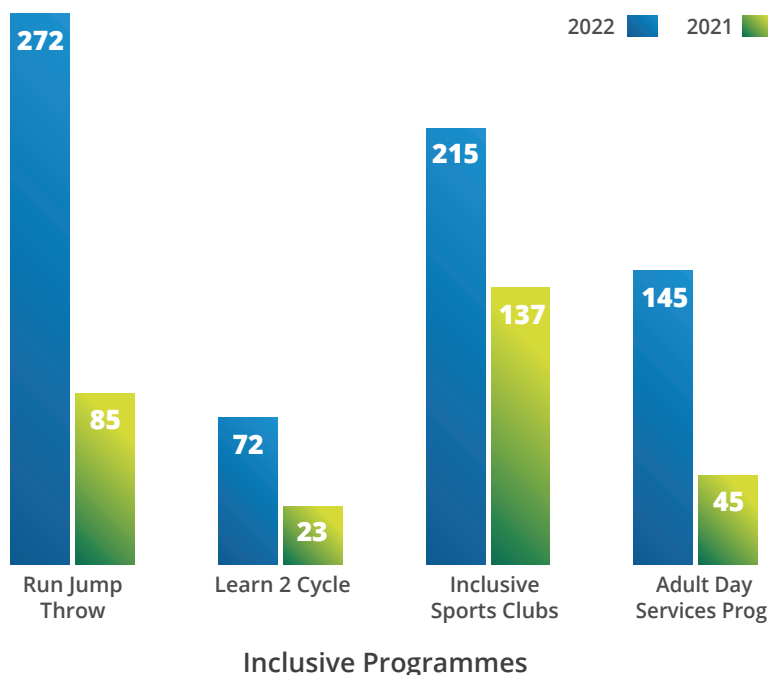
Programme	Number of Participants	Number of Programmes	Areas
Run Jump Throw	272	22	5
Learn 2 Cycle	72	6	6
HSE Mental Health	38	5	4
Inclusive Water Sports	40	4	2
Inclusive Taster Sessions	109	5	4
Online Inclusive Pilates	52	2	-
FAI Day Services Programme	65	1	1
Education	80	7	-
Inclusive Sports Clubs	215	13	13
Inclusive Camps	53	4	2



- Continuing to link with NGB`s development officers in providing increased variety of physical opportunity activities to people with pan disability.

In comparison to 2021, participation on our inclusive programmes almost doubled in 2022 despite a delayed return to activity. This increase can be attributed to:

- Easing of Covid-19 Restrictions
- Expansion of the Learn 2 Cycle programme
- Increased engagement of sports clubs with the Inclusive Teams concept – Football for All, GAA For All. With the support of Meath LSP & NGB, eight clubs developed the inclusive team concept.
- Our hugely popular programme, Run Jump Throw, was expanded into new areas in the county. This programme is funded under the HSE Section 39 funding.



#### Headline numbers for 2022

- Increase in referrals onto our programmes from HSE/ Enable Ireland services. As waiting lists for disability services appointments grew, our Inclusive programmes were utilised to address this need.
- In association with the Adult Day services programmes, we developed a hybrid approach of online and in person activities, increasing the variety of programmes available to all Adult Disability Day services within the county.



Meath LSP was delighted to link with the Louth Meath branch of Spina Bifida Hydrocephalus Ireland (SBHI) in accessing a Beach Wheelchair. The chair enabled a wheelchair user who was staying alongside her family at the branches accessible mobile home in Bettystown.

Spina Bifida is a condition of the spine that affects approximately 1 in every 1000 children born per year in Ireland.

Meath LSP look forward to linking closely with the SBHI Louth Meath branch in assisting it's members to access and enjoy the beach amenities. Plans are in place to provide more accessible beach chairs in Bettystown.



### Key Disability Inclusion Highlights

- 6 new Learn 2 cycle programmes held across the county with 72 participants.
- 5 separate Mental Health initiatives delivered in partnership with the HSE Meath mental health services team.
- In partnership with the FAI, Meath LSP supported one football club in establishing a Football for All programme within their club. Meath LSP delivered the Disability Inclusion Training to club volunteers along with providing support for programme delivery & promotion.
- Run Jump programme expanded to five areas around Meath involving 272 participants with a disability aged between 5-12 years.
- Special School Inclusive initiative delivered over 6 weeks provided structured inclusive physical activity sessions for the students & practical tips for the teachers.
- Sports Inclusion & Disability Awareness workshop delivered to 68 coaches / volunteers in the county.
- Inclusive Canoeing sessions held over the summer months with local canoeing club; this resulted in the engagement of 32 children with a disability and their families.

- Initiative with the FAI & Meath Disability Day services saw 65 adults with an intellectual disability take part in the 6-week football programme.

### Key Learnings for Disability in Sport 2022

- Expanding programmes into new areas allowed for a two-fold approach by committing the new community facility to the delivery of the programme through a partnership agreement and identifying appropriate contacts with the required skillset to promote the programmes locally.
- The return of in-person programmes was important for all our programme participants but was of greater significance to people with a disability as they had become starved of social interaction and community activities.
- Engagement with local sports clubs in supporting them to start up inclusive teams helped to develop more sustainable pathways to inclusion
- The further engagement of disability partners and organisations has been key in assisting with programme design, promotion and attendance.



## Gaps in the Disability Programme

When reflecting back on the 2022 disability programme overall, the number of people engaging and the impact of the programmes is extremely positive however there are some gaps / needs that became apparent in 2022 which we will look to address in 2023, namely:

- Delivery of programmes targeted directly at teenage age group where drop off in sport and physical activity is prevalent
- Identify solutions to address the lack of swimming lessons/ opportunities for children with a disability to learn to build confidence in the water and reduce the considerable back log of those waiting for swim lessons arising from stricter COVID restrictions for swimming pools
- Delivery of new initiatives for Adults with a disability to engage in physical activity within their local community by nurturing connections with local clubs and organisations



## Community Sports Hub 2022

Meath LSP has three Dormant Account Funded Community Sports Hub programmes. The DAF provides funding for a five year period. Funding is provided to increase the number of people of all ages, with a specific focus on adolescents / young people to participate in sport and physical activity within their communities. The hub provides information, support and advice on a wide range of sports and physical activities to make it easier for people areas to become involved and engage in a more active and healthier lifestyle.

In Meath, the three areas funded are with phase of development detailed:

- Windtown – year 5
- Johnstown/Claremont – year 4
- East Meath Amenity hub – year 1

**30%**

New Participants in  
Community Sports Hub

## Community engagement

3288 participants engaged\*  
\*30% of participants were new to CSH in 2022

37 programmes delivered

290 sessions delivered

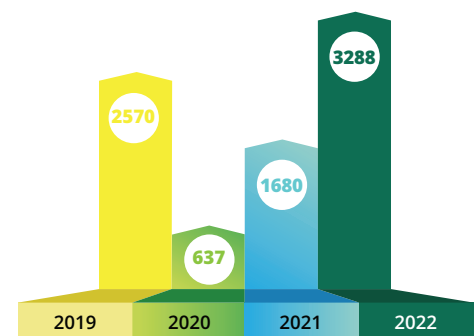
25 partners engaged

## Participation breakdown

### 2022 end of year participation numbers by hub area

Hub area	Total	Male	Female
Windtown	830	460	370
Johnstown	402	239	163
Claremont (as part of Johnstown)	469	201	268
East Meath Amenity hub (to include online participation)	1587	829	758
<b>Total</b>	<b>3,288</b>	<b>1,729</b>	<b>1,559</b>

## Progress to date



Participant numbers

## Participation breakdown (age range)

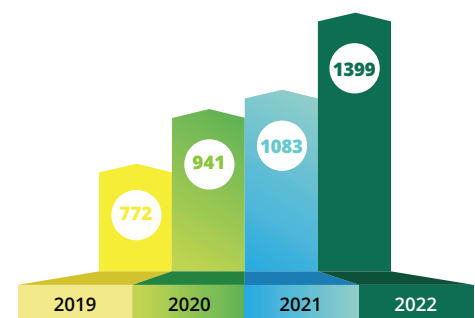
Age Range	Total	Male	Female
Children (5-12 years)	2799	1448	1351
Youth (13-17 years)	241	180	61
Adult (18+)	248	96	152



Agencies engaged

## Ethnic Minorities

Participants of an Ethnic Minority (African, Eastern European, Middle Eastern, Asian etc.)	303
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Community engagement (social media followers)

## Programmes

Late Night League	Navan Cricket Come & Try	Tag Rugby	Active Women
Schools Completion after schools	Olympic Handball	Fit Dance	Buggy Buddies
Refugee Resettlement Activity Programme	Basketball	Multi-sport	Hockey
Midterm & summer camps	Meet n Train	Fun Games	Futsal
DEIS school swimming programme	Run, Jump, Throw	Family Activities	





### Year on year comparison

The Community Sports Hub achieved its participation aims in 2023. Covid impacted participation numbers across 2020 & much of 2021. 2022 saw a return to and an improvement on pre covid numbers – 30% increase in new participants. This was due largely to increased partnerships and relationships with key local agencies. These partnerships also increased engagement with specific target groups who benefit most from increased opportunities to participate in sport & physical activity.

Another reason for this increase was the targeted promotion of activities to new communities and residents of the newly developed housing estates.

The DEIS school swimming programme (funded under Healthy Ireland CYPSC measure) which was not run in previous years also contributed to an increase in participant numbers with approx. 500 students taking part in swimming through this initiative.

### Next steps for the Community Sports Hub

#### Introduction of Sports Leaders / Community leaders

The introduction of more community-based leaders & more sports leaders will contribute to a more sustainable sports hub as individuals from the community will have more engagement, involvement and investment in the hub itself. There is opportunity for work experience and employment for those looking to gain experience and join the employment ladder, also these community leaders will also act as role models for future generations.

This is in progress for the end of 2022 and into 2023 with volunteering opportunities for Leaving Cert Applied (LCA) Sports Leader students through Navan Schools Completion (NSCP) and the Louth Meath Education & Training Board (LMETB).

#### Increased collaborations with and involvement of key partners

A wider partnership approach is key to the sustained delivery of the hub, strategically and across the lifespan. Partners who engage regularly with the target groups, will have better relationships and have greater the expertise from working with these groups which will hugely benefit our involvement. A sustainable structure which is not overly reliant on one partner e.g. the Local Sports Partnership is essential to ensure opportunities continue to be created.

The service level delivery agreement which DEIS Navan entered into with Meath LSP is one such example of where committed, increased collaboration is showing tremendous shared benefits not only for both of our organisations but for the participants on all programmes.

#### Greater National Governing Body involvement

National Governing Bodies (NGB's) have a key role in the future delivery and development of the hub. NGB's provide resources in the form of development officers, coaches, in depth knowledge of their sport and key club and community resources on how to develop their sport. NGB's are also integral in that they can create and provide pathways into clubs for participation, volunteering etc.



This commenced in 2022 and will continue to be implemented through the NGB development officer work plan and through greater working relationships, planning meetings and collaborations with NGB development officers on an ongoing basis.

#### **Increased community / school / club links**

National Governing Bodies & local clubs have a role to play in linking the community & the school to their clubs. Often these opportunities are not consistent and/ or may only be available to those with the knowledge of the local clubs, who and where they are and those with the resources either monetary or other in order to join the club. A more clear and consistent effort is being placed on these links, with the CSH working with NGB's and clubs to ensure delivery in local schools with a clear pathway to transition the children and young people to the club.

For the population groups targeted through the DAF CSH initiative, building trust and providing supported links into clubs is critical. This was and will continue to be achieved through club & NGB involvement in school programmes, after school programmes and community activity days.

## **Active Communities 2022**

### **European Week of Sport (23rd – 30th September 2022) – Sport Ireland National campaign**

European Week of Sport aims to promote sport and physical activity in countries across Europe. The week is for everyone, regardless of age, background or fitness level. With a focus on grassroots initiatives, the aim is to inspire Europeans to #BeActive on a regular basis and create opportunities in peoples' everyday lives to exercise more.

Being Active doesn't mean having to be part of a sports club, a gym, running marathons or cycling across Europe.

In celebrating the week, Meath LSP partnered with local facilities and clubs to deliver 12 programmes catering for 183 participants across the county.

- Yoga & Dip
- Canoeing
- Run Jump Throw
- 0-3K Walk to Jog
- Youth Social Basketball
- Active Women Circuits
- Mature Movers
- Archery
- Pickleball









# National Playday

## National Play day

National Play day is supported by the Department of Children, Equality, Disability, Integration and Youth with the to promote play opportunities for children and young people all across the country. The theme for 2022 'All Play Together'.

Meath LSP utilised the funding provided by the department to support the following two projects:

1. Provision of Play Packs & associated resources for Family Resource Centres & early years childcare providers such as Pre-schools & Community Creches.
2. A practical training workshop for teachers, group leaders, parents, pre-school workers, SNA's & youth leaders to deliver activities using the play packs.

Centers across the county availed of the resource: Laytown/Bettystown, Navan, Kells, Trim, Mosney, Athboy, Ballivor, Dunshaughlin & Kilmainhamwood.

Meath Local Sports Partnership (LSP) provided play packs to pre-schools comprising of a variety of basic sports equipment. The equipment was suitable for any age group and its uses could be adapted depending on the game and ability of the child.

The focus of the play packs was to develop the child's fundamental movement skills and physical literacy. Meath LSP provided training to the preschool staff, equipping them with the knowledge and skill set to deliver a variety of activities to the children.

**26**

Number of staff

**9**

Geographical areas

**15**

Participating centers

**646**

Number of children



## Winter Initiative

Throughout each calendar year, Sport Ireland lead out on a number of national campaigns which are supported by its nationwide network of 29 LSP's. One such campaign was the Winter Initiative.

This was the second year of the Winter Initiative, a major national campaign, to get as many people as possible exercising and participating in physical activity over the winter months (90 days).

Participants were encouraged to track their daily activity, registering as minutes on a downloadable exercise calendar. Over 90 day period Meath LSP delivered 52 programmes across our targets groups which saw 1360 people taking part.





## WALKTOBER – Walking challenge

Walktober is a walking challenge rolled out during the month of October and is designed to inspire everyone to get active and walk more. The programme comes at a perfect time as everyone had settled into a routine after the summer break with cooler temperatures and changing colors making it ideal for walking.

There are two different walking challenges – 30km challenge (for beginners) and 80km challenge (for more experienced). To keep participants on track to meet their chosen challenge, Meath LSP produced a walking calendar with daily distances and activities to complete. Participants who registered to take part, received either a digital version or a hard copy of the calendar and information booklet.

The aim of Walktober is:

- to increase physical activity levels and the overall levels of walking for participants of all ages and abilities in Co. Meath.
- to introduce complete beginners to walking while also increasing experienced walker's physical activity levels.
- to promote the benefits of walking while improving overall health and wellbeing
- to showcase the different walking routes in Meath.

The calendar assisted with:

- Setting and maintaining daily targets
- Gradually supporting an increase in walking distance
- Providing rest days, tips and tricks, active travel, walking activities /challenges etc
- Introducing a fun aspect to walking

Benefits of programme for participants meant that they could walk at a time which suited them but yet they maintained a

*“Walktober is a walking challenge rolled out during the month of October and is designed to inspire everyone to get active and walk more”*



**1308 Participants**

sense of participating in an initiative which had attracted in excess of 1300 participants.

The information booklet provided tips on what type of clothing to wear, how to understand what burn out feels like, warm-ups, cool downs, dynamic stretches and static stretches.

A list of safe walkways / routes was provided allowing participants to plan their walks in advance.



## Young People And Children 2022

Meath LSP continue to create new innovative activities and education/training opportunities for children and young people in Meath. Young adulthood (age between 13-17yrs) is a critical period of development with long-standing implications for a person's health and wellbeing. Responding to the unique circumstances and needs of today's young adults can help to pave the way for more sporting opportunities and a more sustainable healthy lifestyle.

Meath LSP (in response to one of the recommendations coming out of our strategy consultation process), developed a wider and more targeted focus on the development of opportunities for young people.

## Youth Programmes Highlights

- ★ **Participants: 658**
- ★ **Male: 185**
- ★ **Female: 473**
- ★ **Stakeholders: 3**
- ★ **NGB Partnerships: 8**
- ★ **Club Partners: 5**
- ★ **Games on the Beach**
- ★ **Youth Basketball**
- ★ **Youth Netball**
- ★ **Orienteering**
- ★ **Her World Her Rules Basketball**
- ★ **Hockey for Girls**
- ★ **Netball for Teens**

	Total	Male	Female	Programmes	Blocks	Areas
Basketball	222	134	88	3	3	3
Netball	40		40	1	1	1
Hackathon	32		32	1	1	4
Her World Her Rules Basketball	79		79	1	1	1
Orienteering	152		152	1	1	1
Hockey for Girls	22		22	1	1	1
Games on the Beach	111	51	60	1	1	1
<b>Total</b>	<b>658</b>	<b>185</b>	<b>473</b>	<b>9</b>	<b>9</b>	<b>12</b>

## Youth Programmes – Comparisons 2022 – 2011

Year	Participants	NGB	Clubs	Stakeholders
2022	658	8	4	6
2021	64	2	2	3





## Going forward...

Even though we have increased the numbers of young people taking part in our programmes, many young people still do not take part in any kind of sport or physical activity. Moving into 2023, we will need a more concentrated approach to sport for young people. With this in mind a Youth Working Group was set up at the end of 2022 to bring together youth agencies with the objective of forming a better partnership approach to developing activities and opportunities which the young people themselves will participate in.

The aim of setting up the working group was to:

- Develop an understanding of what type of activities young people would like to see available for them
- Work together as partners to reach shared goals
- Develop new programmes to suit their individual youth group
- To expand our reach and geographical spread of working with young people in Meath
- Share skills & resources which will enable us to expand our programmes

## School based programmes

Meath LSP Coordinate programmes specifically targeted towards children and young people in primary and secondary schools. Our aim is to promote and deliver a wide variety of sport and physical activity programmes for children of school going age.

Meath LSP in collaboration with National Governing Bodies develop specific programmes that promote diversity in sport and physical activity in schools, which can be easily implemented within the school environment.

Our approach to programme delivery within schools is one of partnership and sustainability of programme. In all cases this includes:

- Teacher Training
- Student Training
- Equipment & Resources
- School Blitz

Programmes delivered with the assistance of the NGB in schools in Meath in 2022 included:

- Olympic Handball
- Basketball
- Badminton
- Orienteering
- Cricket
- Ladies Gaelic Football
- The Daily Mile Challenge
- iRunForFun programme

## Highlights

- ★ **Participating Schools: 66**
- ★ **Total students: 4108**
- ★ **Teachers Trained: 86**
- ★ **Programmes provided: 8**
- ★ **7 NGB Partnership**

*"I never really liked sport before but now I love basketball and play it every day in school. I am even a member of our school team and played in the Blitz, it was brilliant."*

(STUDENT – NAVAN ETNS)

## 2022 School Programmes – Students Participation

Programmes	Students	Male	Female
School Cricket Programme	1711	830	881
School Olympic handball	262	142	120
School Badminton	694	367	327
School Orienteering	152	0	152
School LGFA	440	214	226
School Basketball	504	291	213
iRunFor Fun	93	6	87
Daily Mile Challenge	252	141	111
Total	4108	1991	2117



In 2022 when schools opened up completely, there was a high demand for school programmes. We saw over 4100 students taking part in school programmes and 86 teachers availing of sport specific

training. Teacher training increased from 32 in 2021 compared to 86 teachers in 2022. This was due primarily to the restrictions placed on schools in 2021 by COVID-19.

#### 2022 School Programmes – Teachers Trained

Programmes	No of Teachers	Male	Female	Participating Schools
Olympic Handball	15	7	8	15
Cricket	18	9	9	8
Badminton	27	9	18	15
Orienteering	1	1		1
Ladies Gaelic Football	10	3	7	8
Basketball	15	5	10	15
iRunForFun				2
Mile Challenge				2
<b>Total</b>	<b>86</b>	<b>34</b>	<b>52</b>	<b>66</b>

Year	Schools	Students	Teachers Trained	Partners/NGB's
2022	66	4108	86	8
2021	13	3576	32	2





*“Credit to Meath Local Sports Partnership for the wonderful programmes they provide schools. We recently took part in the Cricket programme where our teachers received excellent training while national coaches visited our students at school. We have seen a marked improvement in skill and fitness level among our students and we continue to use the equipment and resources daily.”*

(TEACHER – ST. PAULS, NAVAN)

### Looking ahead to 2023....

Going forward a continued approach with schools to introduce new non-traditional sporting activities as part of the school environment will meet the needs of many children. It is important to continue our engagement with schools as they are the main centres for children and young people and sometimes can be the only avenue to sport and physical activity available to many of them.

Working in collaboration with partners such as national governing bodies, schools, school completion projects and Youth Reach Centres further ensures a sustainable approach and pathway for these children into sport and physical activity. In 2023, along

with specific NGB's, we will explore the possibility of developing school leagues as part of the school calendar. This would provide a pathway for schools into provincial and national leagues; thus, in turn raising the profile of the sport locally and the awareness of player pathways into competitive sport. This in turn will further the collaborative partnership between Meath LSP, NGB's and schools.







## Women In Sport 2022

Our commitment to developing more activities and opportunities for Girls and Women to be more active in Sport and Physical Activity in 2022, was centred around our focus of:

- Encouraging more women to get involved in outdoor activities following the COVID-19 restrictions in 2021
- Increasing the number of programme locations and ensuring a wider spread of activities across all six municipal districts
- Increasing the number of partnerships with national governing bodies and clubs to provide lifelong involvement in sport for women of all ages

Programmes such as our 0-3k's, Women on Wheels and Netball proved very popular with over 497 participants. There was huge

interest in social activities for women with Socia-Ball, Netball, Ladies Tag Rugby being the most popular, with over 277 women take part in 16 activities.

Many women 40yrs+ were interested in the supportive environment where there was no pressure to compete, but they were provided with an opportunity to engage or re-engage with a sport they may not have played since their school days.

Our participation programmes such as Active Women, Meet n'Train and Buggy Buddies proved once again to be extremely popular, often being sold out within minutes. These programmes provide for structured activity but are based on the principle of Come 'n Try rather than having sustainability at their core.

In total in 2022, 955 participants took part in our Women in Sport Programmes – a marginal increase from 2021. Given the fact that we were emerging from two years of relative “lock-downs” we did increase the number of programme type and areas





## Year on year comparisons

Year	Participants	Programmes	Programme Types	Areas Covered
2022	955	42	14	26
2021	918	32	12	12

*"Many women 40yrs+ were interested in the supportive environment where there was no pressure to compete, but they were provided with an opportunity to engage or re-engage with a sport they may not have played since their school days."*

covered in 2022 to cater for increased demand and to ensure those participating did so in safe environments.

### Highlights

- ★ **955 Participants**
- ★ **14 different programmes**
- ★ **20 areas covered**
- ★ **905 females**
- ★ **50 males**
- ★ **9 NGB Partnerships**
- ★ **20 Club Partners**

Overall, the number of women taking part in WIS programmes were consistent with 2021. A high level of participation in some of our WIS outdoor events in 2021 was due to Covid lockdowns being lifted and clubs still not fully operational. Some of these programmes then experienced a drop off in 2022 once clubs fully reopened. We also saw a high level of participation on our virtual/online programmes and obviously these numbers reduced once live programmes resumed.

WIS participation continued to increase in Social Sports e.g.: Social Tag Rugby, Social Basketball, Netball for Women and Beach Volley. The relaxed, fun and supportive nature of these programmes allows women to join without feeling the pressure of competition and feeling intimidated by more experienced players/athletes. A number of women who have taken part in social programmes have joined the host clubs post programme roll out.

### Key Learnings

- Social Programmes are popular with women of all ages providing the opportunity to engage or re-engage with sport and physical activity in a supportive and enjoyable environment.
- The provision of sustainable programmes with qualified coaches and a structured pathway for women to continue their participation as part of a group or club strengthens their capacity for lifelong involvement in sport.
- Come & Try programmes such as Active Women (Pilates, Circuits, Dance), Meet & Train provide an opportunity for women to gain fitness and empowers them to initiative and continue their involvement in sport.
- New collaboration with clubs and NGB's such as Women on Wheels and Women on Water empowered women with the confidence to take part in new activities and provided a sustainable pathway for them to join their local club to ensure their continued participation in the sport.

### Teenage Girls

In 2022, we delivered 3 programmes for teenage girls, Hockey, Basketball and Orienteering. In total 253 girls took part in WIS programmes. We also engaged with teenage girls across the county as part of Sport Irelands Hackathon to ascertain the types of programmes teen girls would like to see available to them.

### National Campaign: Women in Sport Week (9th-13th March 2022)

Women in Sport week is national campaign supported by Sport Ireland to:

- Celebrate every woman and girl who plays, coaches, officiates, volunteers, works in and leads out on Women in Sport.
- Promote and highlight the ongoing work of Sport Ireland, NGBs, LSPs and other stakeholders and clubs under the topic of Women in Sport.
- Highlight some of the programmes/initiatives funded by Sport Ireland Women in Sport Programme.

Sport Ireland's and indeed Meath LSP's vision for women in sport is one where women have an equal opportunity to achieve their full potential, while enjoying a lifelong involvement in sport.

## WOMEN IN SPORT WEEK 7th - 13th March 2022



In celebrating WiS week, Meath LSP hosted 9 Come & Try taster events and programmes to showcase the diversity and inclusion for all women in sport and physical activity – this seven-day programme focused on Girls and Women of all ages, abilities and fitness levels. As with all national campaigns, our approach in Meath LSP is for all staff to collaborate thereby ensuring inclusivity across the sections including disability, older adults, disadvantaged, youth and children.

Programmes delivered during Women in Sport week:

- Buggy Buddies
- Soccer 4 Girls
- CricHIIT
- Social Basketball for Women
- Come & Try Badminton
- Dance for Life 50+
- Meet n Train
- Her World Her Rules basketball
- Netball

### Partners/Stakeholders involved in the week

Cricket Leinster, Badminton Ireland, FAI, Netball Ireland, Basketball Ireland, Skryne Badminton Club

### HER Outdoors Week – National Campaign supported by Sport Ireland

The aim of HER Outdoors week is to celebrate and encourage more females to get out and enjoy the benefits of being in the outdoors while bringing visibility to the opportunities for females to get involved in outdoor physical activity. This week is all about providing more opportunities for ALL females to escape to the outdoors and try something new.







Meath LSP once again rolled out a variety of outdoor programmes to celebrate Sport Ireland's Her Outdoors campaign. The week-long programme of events took place from 8th – 14th August with activities taking place across Meath.

Meath LSP hosted 8 Come & Try outdoor events and programmes to showcase the diversity of outdoor and adventure activities that are available for women and girls of all ages, abilities and fitness levels in county Meath.

Programmes delivered included:

- Paddlesports for Women – Ribbontial, Longwood
- Nature Walk programme – Balrath Woods
- Wheelchair Orienteering – Blackwater Park, Navan
- Yoga & Dip – Laytown
- Ladies Social Tag – Navan
- Social Volleyball for Women – Bettystown
- Beach Orienteering – Laytown/Seafield
- Women on Wheels – Navan

### Going forward...

Women in Sport has evolved and is now one of the great drivers of gender equality. Funding for women's sport has increased greatly and has been fundamental in raising the profile of women in sport.

Women are now re-inventing how they perceive sport, whether that's women in their 40's, 50's and 60's returning to competitive sport or women taking up leaderships roles that were previously only available for men. Collaborating with local agencies and working in partnership with NGB's will bring new sporting opportunities to the wider population and ensure a broad geographical spread across all areas.



Women are now starting to recognise more opportunities available to them in sport.

Educational opportunities for women can act as a vehicle for change in the culture of sport and create greater employment opportunities for women in sport. We can advocate for women participating at all levels in sport by providing leadership, training and education to support and foster the growth and confidence for women to seek out more opportunities in sport such as coaching, officiating, volunteering, committee/board members. Recent times have shown an increase in non-Irish nationals with a high interest in non-traditional sports and more effort is required to ensure all populations are catered for and to promote integration.

Research shows that many girls 13-15 yrs. have labelled themselves "not sporty" and no longer take part in sport. A new approach to teenage girls in sport is set out by the principles of the HER Moves (Sport Ireland) movement and increasing opportunities for girls to take part in carefree fun with friends is crucial to reversing this trend. Education and Leadership programmes for teenage girls can also aspire confidence and help improve attitudes of sport in teenage girls.

Partnerships are vital and working with local and national organisations and national governing bodies will enable more women and girls to enjoy the benefits of what sport has to offer and ensure a life-long involvement in sport and physical activity.

### Royal County Event 2022

Bank holiday Mon May 2nd saw the return of the Royal County 10k & 5k event to Kells following a two year lapse due to the pandemic.

Just under 500 participants took part between the 10k & 5k events. Additional to the runners/joggers and walkers who took part on the day in Kells were a number of students who completed the 5k:

- 83 first year students & teachers from Loreto Navan completed their 5k in Blackwater Park, Navan
- 22 pupils & teachers from the Autism Unit in Beaufort College who completed their 5k on the Ramparts, Navan
- 22 virtual participants (runners in Perth to walkers on the Camino, Spain) who completed their 5k.



### Slane Castle 5k Trail Run & Walk

For a number of years, Meath LSP has supported the roll out of this very popular event. It is a collaboration between Slane NS Parents Association, Alex & Corina Mountcharles of Slane Castle & Meath LSP.

The Slane Castle 5k Trail Run & Walk is much more than a fundraiser for Slane NS, it provides an opportunity for people of all ages to enjoy the trails around Slane Castle. For most people in Meath access to the grounds of Slane Castle is curtailed to concert times with only limited access to the trails provided then. In 2022, the Mountcharles family continued its support of the 5k event, allowing access to the forest trail, boat field trail and grounds.

This idyllic setting with its air of mystique always provides for a magical atmosphere and enjoyable day.





## Older People 2022

Our Adults 55+ programme remit has a clear goal and that is to increase physical activity levels in individuals aged 55 and above. By delivering on the following strategic goals we achieved our programme objectives;

GOAL 1: Develop programmes to specifically increase participation, inclusion, diversity and community engagement.

Goal 2: Work in partnership with our stakeholders and ensure integration to achieve positive outcome.

Over the course of 2022, 71 programmes for older adults were rolled out (see table below). As with all of our programmes, ensuring that we provide opportunities across the county for

people to participate in their localities (or as close to their locality as possible) remained at the centre of the programme provision for Older Adults. Locations targeted for programme delivery included:

Navan, Trim, Ashbourne, Laytown, Bettystown, Julianstown, Stamullen, Donore, Oldcastle, Duleek, Balinacree, Ashbourne, Kells, Athboy, Ratoath, Dunboyne and Longwood.

Programme Name	No. of Programmes	No. of Participants 2022
Mature Movers	6-week programme x 48 areas	876
Walk n' Tone	6 Week programme x 3 areas	78
Chair Pilates / Yoga	6-week programme x 1 area	20
Dance for Life	6-week programme x 3 areas	85
Fitness Made Easy	4-week programme x 2 areas	24
Canoeing	Taster sessions x 2 areas	24
Pickleball	Taster sessions x 2 areas plus, 4-week programme x 2 areas	50
Games for life	Bowls League x1 area	80
Games for life activity day	5 Events x 1 area	120
Pétanque	4-week programme x 2 areas	32



## Comparing 2021–2022

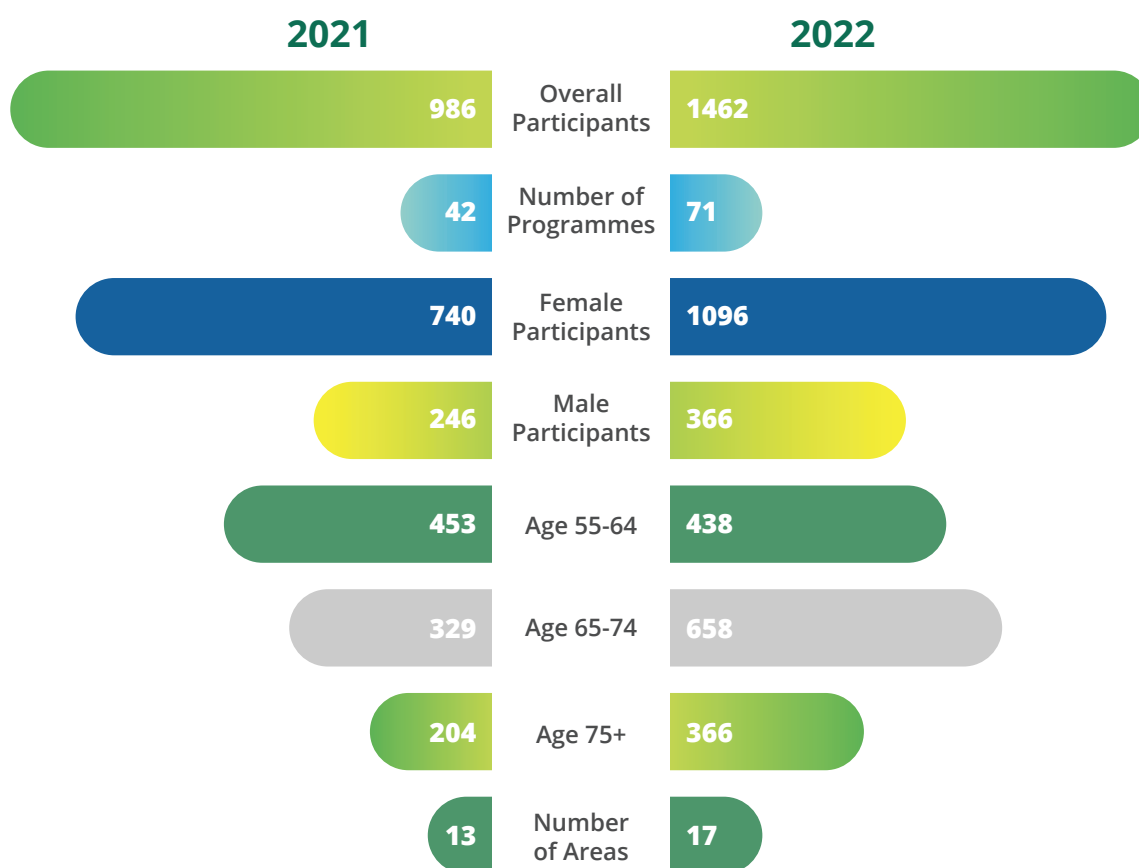
In comparison to programme delivery and engagement in 2021, 2022 has overall seen significant improvement across several categories. Numbers have increased across the board except for participants aged 55-64 in which there was a small decline (no reason was identified for that decrease):

- Participant numbers increased by 42%
- No. of programmes increased by 69%
- Female Participants increased by 48%
- Male Participants increased by 49%
- Participants aged 55-64 increased by 49%
- Participants aged 65-74 decreased by 3%
- Participants aged 75+ increased by 79%
- No. of areas programmes were rolled out increased by 30%

Overall, there has been a noticeable spike in activity in all areas. This is mainly because Adults 55+ and those in active retirements, ICA's and men sheds were back out being active in society following the lifting of the Covid-19 restrictions.

Participation from males remains low when compared to females. However, Men 55+ engaged more with sport specific activities (e.g. petanque, pickleball). Taking heed that men require a more sports-based element to activity, we will increase the number of areas in which we deliver those activities in 2023.

## Comparison



*“Overall, there has been a noticeable spike in activity in all areas. This is mainly because Adults 55+ and those in active retirements, ICA's and men sheds were back out being active in society following the lifting of the Covid-19 restrictions.”*



### Key Learnings

- Social sport programmes such as Pickleball and Petanque (low impact sport based programmes) were well received. This enabled older adults with low physical activity levels to re-engage with physical activity / sport in a fun, structured way.
- Return of Face to Face programmes was very well received. Many Adults 55+ participating in programmes such as Mature Movers, Walk n' Tone and Dance for life, love the social element to the programmes.
- Go for life games were not as popular as previous years with active retirements. Comments from some Active Retirement groups suggested that many members didn't come back to the group due to possibility. The ARG`s generally have struggled to re-engage participants to the same levels as pre-Covid. More work needs to be done to build that assurance within ARG`s.

### Next Steps

- Continue to provide a wide range of sport and physical activity for Adults 55+.
- Engage more men 55+ in physical activity by collaborating with development officers from Men sheds, Active Retirement Ireland and ICA's to increase physical activity levels
- Engage with active retirement groups, men shed and ICAs to provide new sports (such as pickleball & pétanque) to try and re-engage adults 55+ into physical activity.
- To increase the capacity of Active retirements, Men sheds and ICA's volunteers so they can further deliver opportunities for members to be more active physical activity and sport.
- Extend reach of our programmes to more areas in Meath





**GOAL:** We will continue to develop and support a range of pathways for sport and physical activity in Co. Meath.

## Education & Training Report 2022

Our goal is to develop programmes to specifically increase participation, inclusion, diversity & community engagement. Our objective is to create training & education opportunities for clubs, coaches & volunteers in Meath.

In 2022, 633 people took part in 58 Safeguarding 1, 2, 3 workshops and Sports Injuries First Aid workshops. This is a 26% increase in comparison to 2021.

Overall, 69% of participants said they preferred the online course rather than the face to face courses. Participants found the online course fits into their busy lifestyle and saves travel. We will continue to offer a small number of face to face workshops in 2023 to facilitate those who are not comfortable with Zoom.

Sport Ireland plan to move to electronic certificates in 2023 for the Safe Guarding programmes. This would be a welcome development and should allow participants to store their electronic certificate to a safe location which they can then easily access themselves.

## Safeguarding 1 Basic Awareness in Child Protection

This workshop highlights the main principles of the Code of Conduct for Best Practice in Children's Sport and looks at measures that clubs can take to create and maintain the safest possible environment for sport for their young people.

Due to the popularity of the online workshops during COVID-19, we continued to deliver this course online via Zoom.

36 workshops were delivered to 388 participants. The number of participants who took part increased by 17% compared to 2021.

We have an excellent tutor in Mary Walsh, who has continued to deliver our Safe Guarding courses 1,2 & 3 since we commenced the roll out of the Code of Ethics/Safe Guarding courses in 2003/2004.

*"The Physical Literacy workshops have been really insightful and provided me with an ever improving approach to understanding and applying my coach education to practice with young people in sport".*

## Safeguarding 2 Club Children's Officer Workshop

Recommendations from Sport Ireland are that every club involved with children and young people should appoint a Club Children's Officer. This person should be child centred in focus and should have as their primary aim the establishment of a child centred ethos within the club.

They are the link between children and the adults in the club. They also take responsibility for monitoring and reporting to the Club Management Committee on how club policy impacts on children and their Sports Leaders. 6 workshops were delivered to 69 participants in 2022. This was

Workshop	2021	2022	% difference in numbers of participants
Safeguarding 1 Basic Awareness in Child Protection Workshop	327	388	17% +
Safeguarding 2 CCO Workshop	88	69	21% -
Safeguarding 3 DLP Workshop	43	43	0%
Sports Injuries First Aid Workshop	45	133	195%+
<b>Total</b>	<b>503</b>	<b>633</b>	<b>26% +</b>

Year	Programmes	Participants	Male	Female	Schools	Clubs
2022	22	487	158	329	12	1
2021	21	370	83	287	7	1

a 21% decrease in the number of participants in comparison to 2021. Workshops were delivered online via Zoom. The uptake on this course was slower in 2022. From speaking with other LSP's, this seems to be the case in other counties and could be due to the fact that clubs found it difficult to fill this role within their club. We plan to keep this course online for 2023.

### Safeguarding 3 Designated Liaison Person (DLP) Workshop

The third part of the Sport Ireland Child Welfare & Protection Training Programme is the Designated Liaison Person workshop.

The Designated Liaison Person is responsible for reporting allegations or suspicions of child abuse to TUSLA Child and Family Agency or Social Services (NI) and/or An Garda Síochána / PSNI.

In 2022, 4 workshops were delivered to 43 participants. These figures are on par with 2021. We accepted a small number of participants from other county's on our courses as other LSP's struggled to fill their Safeguarding 3 course.

### Sports Injuries First Aid Course

Sports Injuries First Aid is aimed at coaches, mentors, teachers, supervisors, players, athletes and volunteers. The aim of the course is that participants learn practical skills so that they can deal competently with situations that may arise.

On successful completion of the course, participants are issued with a First Aid Certificate of attendance. All instructors & examiners hold current certification from the Occupational First Aid Assessment Agent and are listed on their register maintained there on behalf of the Health and Safety Authority.

12 workshops were delivered to 133 participants in 2022. The number of participants who took part increased by 195%. All courses were delivered in a face to face setting due to the practical elements involved. The large increase was due to the return of our face to face courses.

### Youth Leadership Highlights from 2022

- ★ **22 Sports Leader Programmes schools**
- ★ **487 participants**
- ★ **Male: 158**
- ★ **Female: 329**

Our Youth Leadership programme is a comprehensive course that is both practical and informative and an ideal starting point for young people who wish to develop their leadership skills, whilst under the direct supervision of their Tutor.

Participants learn skills such as communication, teamwork, problem solving and the preparation and planning of activities to help them develop, lead and evaluate their own activity. It has a multi-sport practical approach where learners are introduced



to a wide variety of generic and sport specific games to ensure a fun, practical learning experience.

The course is assessment based and on completion each participant receives the Sport Leadership Award Certificate.

*"My coaching style has changed to reflect a player-centered approach, it's the reminder to keep coming back to this and keep asking myself – how is this benefiting the child".*

### Looking back...

The Sport Leadership Award Certificate is very popular with schools and has become a staple of the Transition Year timetable in some schools. Even though this is a very worthwhile programme and feedback from schools is very positive, Meath LSP has decided to change the format for delivery of a Youth Sports Award in 2023. We have based this on the following observations regarding the Sport Leadership Award Certificate:

- In its current guise, it lacks sustainability with no follow on for the leadership skills learned
- It is administrative intensive not only for the students taking part but also for the LSP



- Each course has a tutor time of 18 hours with approximately 1 hour set up and an additional 2 hours required at course completion. The reason for this is because the course is accredited in the UK and even though it is not accredited in Ireland, we are bound by the same rules.
- The cost of the programme is expensive at a cost of £25 (€28.29) per student + tutor fees

Going forward, Meath LSP needs to place a renewed focus on the type of Leadership Programme required for young people. Leadership skills and the introduction of a wide variety of sports can promote personal development and provide young people with the confidence and competence to deliver activities. A new approach is required as to how these skills can be used to benefit the young people and their environment.

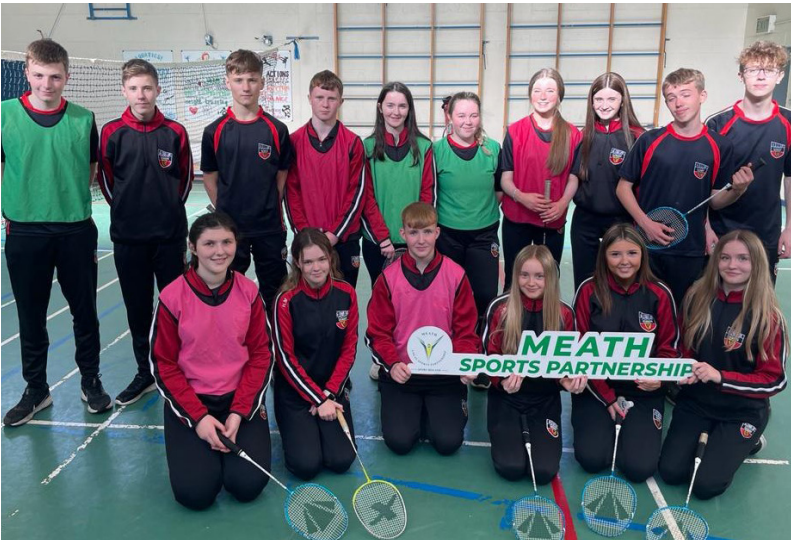
New modules to meet the requirements for young people volunteering and working in sport today are required. These young people are our future sport development officers, club coaches, officials, committee and board members and more sustainable programmes are required to meet the needs for working and volunteering in the industry.

### Sport Ireland Coaching: Club Education & Training

Sport Ireland Coaching developed a course to give participants the opportunity to develop their knowledge and understanding of physical literacy. This course is not sporting specific, is open to coaches of any sport as well as pre-schools and early years educators.

Physical literacy levels are currently extremely low among children and young people, this has been identified through research and is evident in the delivery of programmes through the Community Sports Hubs and the Local Sports Partnership in general. There is huge importance in providing this knowledge to coaches and teachers to ensure children are exposed to physical literacy from an early age, is this provides the foundation to their lifelong participation in sport.

Name of course	Number of clubs	Number of participants
Physical Literacy	5	13



**39**  
Schools Participants

**1803**  
Cycle Right Numbers

### Other Education & Training: Cycle Right Training



The Cycle Right Programme is an 8-hour programme delivered to primary school children which offers:

- Best-practice in cycle training, derived specifically for our unique environment
- Quality of delivery and an on-going quality assurance system to ensure consistency
- Guaranteed ratio of qualified, registered trainers to work with your groups
- A goal of on-road training as a core part of the programme
- Resources for schools, teachers, and parents/guardians to facilitate follow up and support to training

This is hugely beneficial as it provides children with the skills and knowledge to cycle safely and allows them a sense of independence. These are skills which remain with them for the rest of their life. It also gives parents and schools confidence in the knowledge that their children & pupils are cycling safely to school.



## Outdoor Education

Community Engagement in the East Meath area – Open Water Swimming workshops. 30 participants from Meath & Louth took part in the four Open Water Swimming workshops.

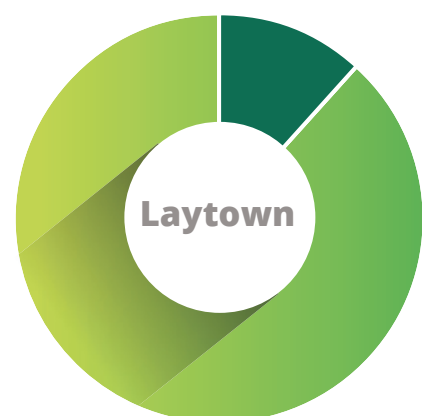
The Open Water Swimming workshops were delivered by a Level 2 Open Water safety instructor and covered the following topics:

- Safety when swimming in open water
- How to stay warm before, during & after your swim
- Understanding your body's response to cold water
- Correct breathing & swimming techniques

Currently there is upward of 140 swimmers (with varying levels of swimming experience) in the Laytown, Bettystown & Mornington areas who meet in small groups daily for social swims.

All participants on the workshops received safety Tow Floats.

It is planned to continue to deliver these workshops in 2023 and deliver a range of programmes from Daily Dippers beginner programmes to more intermediate Beach to Buoy programmes.



**4**  
Participants

**30**  
Workshops



Orienteering

In 2022 Meath LSP continued to expand the sport of orienteering by mapping four new orienteering courses in the county. This brings the total number of orienteering mapped courses to six in the Meath.

Each location has a variety of individual courses available to the public that include: short, medium, long and score maps.

All orienteering locations have at least 1 accessible course suitable for wheelchairs and buggies.

Virtual mapping is available at all locations using the latest MapRun6 orienteering app which allows participants to take part in orienteering at a time that suits them.

Orienteering is now available at the following locations

- Blackwater Park, Navan
- Porchfields, Trim
- Seafield, Laytown (beach)
- Spire of Lloyd, Kells
- Deerpark, Carlanstown
- Dunboyne Park

Club webinars

Meath Local Sports Partnership in association with 2into3 Consultants delivered a club webinar series to assist clubs in their planning and in putting together quality effective funding applications.

The Funding Information webinar for clubs who wish to maximise the number & level of grants they apply for. The Webinar is suited for sports clubs; community centres & groups – anyone who`s ambition is to develop their club/facility.

The webinars included information on:

- National & local grants (both capital and small equipment) – what`s available & when
- Funding for coach education and volunteer training
- How to source alternative funding streams – looking outside the main grant schemes and understanding how to match these criteria to club needs
- The strategic planning webinar was aimed at assisting clubs to Set clear direction& alignment to club`s objectives to ensure focused future development.

Webinar topic	Number of clubs	Number of participants
Strategic Planning for clubs	25	25





**GOAL:** We will communicate in an efficient and impactful manner through clear and consistent messaging which will demonstrate the positive impact of our work and a clear understanding of our role.

Our goal is to increase the awareness of Meath LSP and our activities through enhanced use of communication channels. Our objective is to grow a wide digital community that will provide more people with more content and opportunities to engage with us at all levels.

In 2022, have continued to post a blend of videos, photos, and stories on our social media channels: Facebook, Twitter & Instagram. We have made more of an effort to ensure 'live in action' stories and tweets at programmes/events along with regular posts. This keeps our audience engaged and up to date with our programmes/events running across the County. As the attention span on social media is short, we find Instagram/Facebook stories with a quick video or photo works well in grabbing the attention of our followers. This allows us to create more detailed posts at a later time.

### Meath LSP has three Facebook pages

- Meath Local Sports Partnership
- Community Sports Hub Navan
- Meath Sports Ability (Sports Inclusion programme)

### Social Media Reach

There was a 4% increase in Facebook reach compared to 2021. There was a large increase (667%) in Instagram impressions in 2022. Our Instagram page has been growing steadily since it was set up in 2020. There was a 57% decrease in impressions on Twitter. The reason for this is unknown as the number of posts were on par with 2021. There has been controversy surrounding Twitter as of late which has caused a lot of people to delete their accounts.

Platform	2022	2021	%+/-
Facebook (all pages)	746,974	718,124	4%+
Twitter	174,060	404,000	57%-
Instagram	855,063	111,446	667%+

*"Our objective is to grow a wide digital community that will provide more people with more content and opportunities to engage with us at all levels."*

### Social Media Followers

Our Facebook following increased by 19% in 2022, with Twitter increasing by 9%. Instagram saw the largest increase in followers as the page was only set up in January 2020. Our Instagram followers increased by 25%. 51% of our Instagram posts reached non-followers.

This shows that our hashtags are successful in delivering to those who don't follow our page. 41% of our followers are aged between 35-44.



**26%**  
Male

**74%**  
Female



## What posts worked well in 2022

### Multisport Activities Days

Linked with NGB's & countywide initiative

### Civic Reception for Meath LGFA

Popular news/congratulations

### Meath LSP Autumn/Winter Ezine

Upcoming programmes/events

### Active Women Circuits Bettystown

New programme – word of mouth spread amongst community

### Tutors Wanted

Job opportunity

### Canoeing for Adults 50+

New programme for this age group

- Programmes where we linked with NGB's
- Countywide Initiatives
- Popular News/Congratulations posts
- Meath LSP Newsletter
- New programmes – in new area or with a new age group
- Job Opportunity

We launched our new website in August 2022. This gave our website a fresh, modern & clear structure. We started using keywords to improve SEO, focused on making user experience

as simple as possible and installed a built-in 'Contact us' form which has proven very popular.

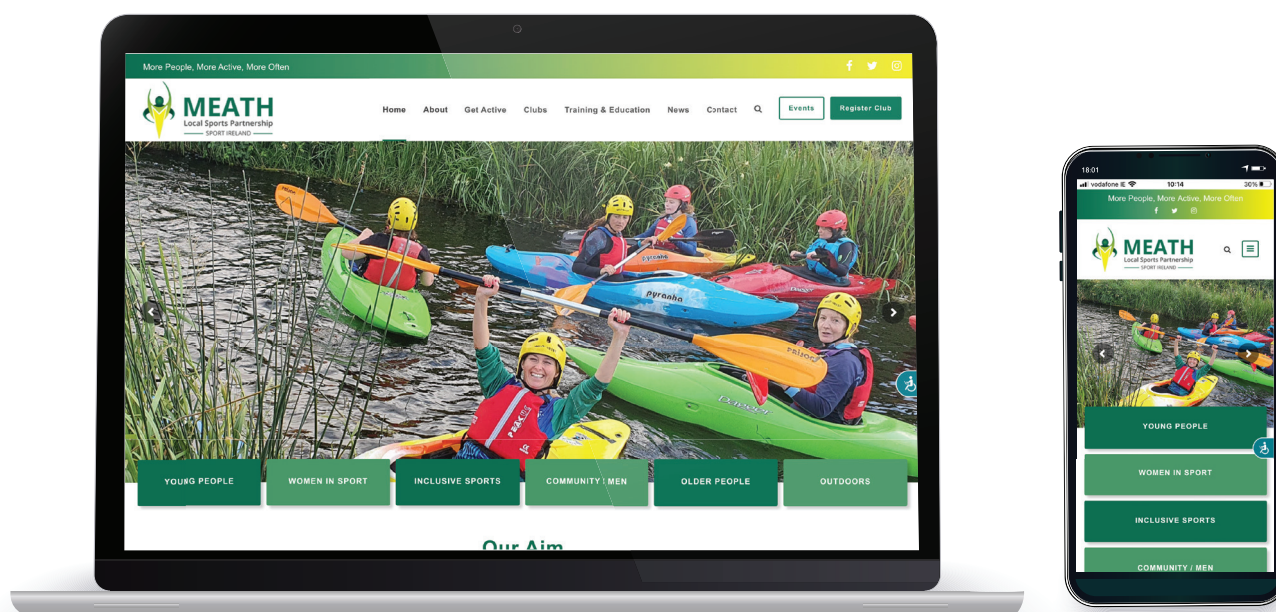
There was a 16% decrease in number of page views. A cookie banner came into effect in 2022 which allowed the user to select whether they want to be tracked or not – this has affected our numbers. We have improved the user experience of our website since its launch in August 2022. We have ensured that our 'Events' section on our website always has our current programmes/events/courses on display as this is the top viewed page on our website. We have also added buttons and visuals to pages to make it easier to contact us and find information quickly.

## Ezine/Newsletter

This was the first year since 2019 we resumed production of four Ezines per year. Ezine readership increased by 36% this year. Monthly emails worked well as they are concise and allow our readers to quickly see what is coming up that month.

## Website Highlights

Website	2022	2021	%+/-
Page Views	91303	108573	16%-



## Growing Meath LSP Brand & Awareness

Meath LSP launched our new re-designed logo in 2022. The logo meets the requirements of our funders – Sport Ireland.



### Rationale for new logo

1. Symbolism: we wanted to soften and modernise our logo. The graphic represents Connectivity; Inclusiveness; Movement & People. Retaining the colours is important to us and identifies us as clearly being brand Meath.
2. Style: we believe the new style allows for versatility, flexibility & scalability – critical to using the logo across different platforms, mediums & sizes.
3. Typography: clearer, more defined, easier to read. In turn, this will enhance our brand and identity.
4. Relationship: upgrade our organisation's image to reflect our collective goals, vision & values.

In adopting our new logo, we will have to allow time for the phasing out period of the older logo whilst concurrently accommodating the phased introduction of this, our new logo.

We are allowing up to 18 months for full incorporation onto all staff uniforms, branded equipment & promotional material. A more immediate visual display of the logo will appear on our communications, written & digital platforms.

## National LSP Communications measure

The Sport Ireland Participation Plan (2021-2024) outlines the approach that will be taken to realise the sports participation commitments in the National Sports Policy (NSP) 2018-2027. A clear priority identified in the Participation Plan is to “develop and invest in evidence informed participation communications plan and campaign to promote sports participation” while also recognising the commitment in the Sport Ireland strategy to “develop and implement a communications campaign to target specific population groups”.

A key driver of any participation communications plan and campaign is the Local Sports Partnership (LSP) network which is focussed on increasing participation in sport and physical activity in their respective counties among key harder to reach groups such as older people, women and girls, unemployed people, people with disabilities and ethnic minorities.

In order to advance the various communications commitments contained in the National Sports Policy, Sport Ireland Strategy, Participation Plan and LSP Insights report and reflecting Sport Ireland priorities regarding communicating a return to sport and physical activity, especially for those groups who have been negatively impacted by the pandemic, an LSP communications project fund was established.

Funding was provided to three LSP's to employ officers to drive the LSP communications project:

- National LSP Comms coordinator – based with Meath LSP
- Regional Comms officer Leinster/ Ulster region – based with Kilkenny LSP
- Regional Comms officer Munster/ Connacht region – based with Clare LSP

It is envisaged that a two-pronged approach will be needed:

1. Development of sustainable communications resources and tools to raise awareness of the LSP network itself and their programmes for key target groups
2. Development of sustainable communications/engagement approaches with key target communities working closely with Sports Inclusion Disability Officers and Community Sports Development Officers and local and national support groups and organisations.

This national plan will contain key targets and indicators for measuring success of the communications plan. Individual LSP Communications plans will then be developed or refined (if already in existence) from the National LSP Communications plan.







**GOAL:** We will expand our positive impact by collaborating effectively with our partners

### NGB engagement and collaboration

Working in collaboration with identified partner organisations remained a key focus for Meath LSP in 2022.

National Governing Bodies and Local Sports Partnerships have a specific remit to collaborate and work in partnership as set out in the National Sports Policy 2018-2027. The National Sports Policy recognizes the key role Local Sports Partnerships and National Governing Bodies have in relation to sports participation and increasing the capacity of the sports sector to deliver. This clearly highlights a partnership approach is needed to deliver on the National Sports Policy.

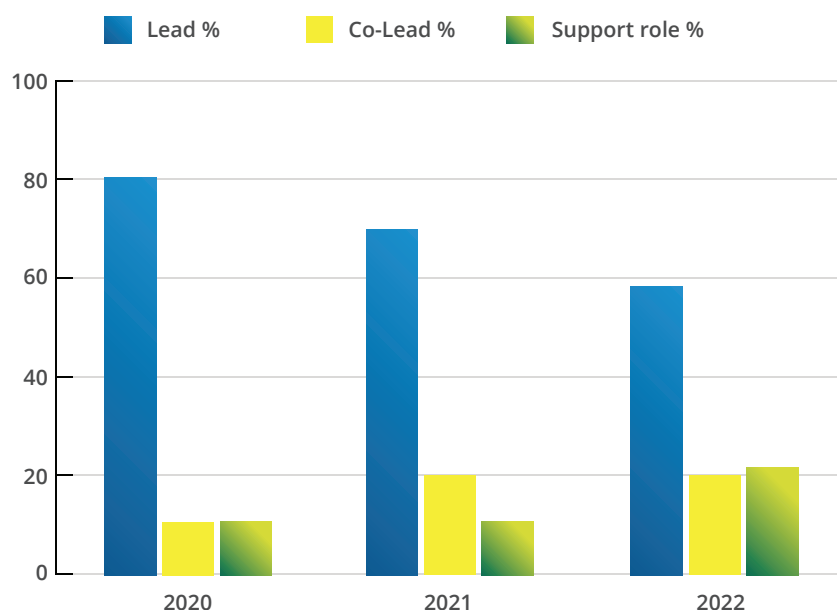
In 2022, Meath LSP engaged with 28 different NGB sports (see Fig. 3) resulting in participation opportunities being developed and 23 programmes delivered across the county. Agreed programmes and actions were aligned to Meath LSP Strategic Priority Areas and target groups.

The Community Sports Hub concept is dependent on partnership work with local organisations and agencies to improve the opportunities for the local communities to participate in sport and physical activity. This partnership approach is particularly important for this target group for whom opportunities are limited as they face many barriers to participation including access, availability, cost, lack of knowledge, lack of support, barriers to integration and inclusivity etc.

As part of the Community Sports Hub Navan, the LSP were the lead agency in 57% of programmes, co-lead on 21% of programmes and a supporter on 22% of programmes. While the percentage of programmes the LSP are lead on is high, it is much lower than previous years where the LSP was the lead in over 80% of programmes in 2020, and over 70% in 2021.

It is aimed this number will reduce to between 40% and 50% by the end of 2023. This is integral to a sustainable Community Sports Hub in Navan where clubs, communities & local agencies oversee the running of the hub and work together to ensure it works for the community over a sustained period while continuing participation among groups whom opportunities are the lowest and ensure a clear and direct pathway into club membership.

**LSP Role – Programmes**



**LEAD:** LSP responsible for programme in its entirety

**CO-LEAD:** Run programme in partnership with another group/ agency/ club etc. Equal responsibilities

**SUPPORT ROLE:** LSP provide support to another agency or group e.g. knowledge, provide links, promotion, funding. But not responsible for overall programme

## Partners linked with in 2022

FAI	Foroige	Involve Youth Meath
Royal Cricketers Meath	Meath Springboard	Kells Family Resource Centre
Navan Schools Completion Project	Basketball Ireland	Public Health Nurse
Navan Family Resource Centre	Trim Family Resource Centre	Cultur
Refugee Resettlement	Navan Rugby	Meath GAA / LGFA
East Coast Family Resource Centre	Meath Travellers Workshop	Youth Work Meath (Navan West)
Leinster Rugby	Leinster Cricket	Johnstown Peoples Park Residents Committee
Mosney Village	Gardai – Community Policing Unit	
East Coast Cricket Club	Irish Olympic Handball Association	



## Club & NGB development

### WIS Working Partnerships:

More than 34 of the Women in Sport programmes are collaborative projects with national governing bodies, clubs and local stakeholders.

In 2022, WIS programmes collaborated with 36 NGB's, Clubs and Stakeholders compared to 18 collaborations in 2021. These collaborations ensure sustainability for participants and also provide support for clubs with funding, promotion, registration and training. Over 318 women went on to join their host clubs post programme. Collaborating with NGB's also provides the opportunity to establish new clubs with local and national support.

Boyne Netball is a new club formed from a taster netball programme as part of HER Outdoors week in August 2021. This taster programme was a collaboration between Netball Ireland

and Meath LSP, the club was established in January 2022 and has over 52 members registered who compete in both regional and national netball competitions.

A collaboration with Basketball Ireland for women called Socia-Ball has over 130 women participating in social basketball each week.

Year	NGB	Clubs	Stakeholders
2022	9	20	7
2021	5	10	3



## NGB and Meath LSP collaboration and engagement 2022

NGB Sport	Engaged	Schools	Inclusion	WIS	Disadvantaged	Older People	Promotion of programmes	Events	Club Development	Training and Education
Athletics	✓				✓			✓		
Badminton			✓	✓						
Basketball	✓	✓	✓	✓	✓					✓
Canoeing			✓	✓		✓		✓	✓	
Cricket	✓	✓		✓						
Cycling	✓									✓
Fishing										
GAA	✓		✓		✓					
Gymnastics Ireland			✓							
Hockey		✓	✓							
IWA – Sport			✓							
Ladies Gaelic										
Marial Arts										
Orienteering		✓		✓						✓
Rounders				✓						
Rugby	✓		✓	✓	✓			✓		
Soccer	✓		✓		✓	✓		✓		
Swimming	✓									
Table Tennis										
Tennis Ireland			✓							
Triathlon										
Vision Sport Ireland			✓							
Volleyball				✓				✓		
Walking				✓		✓				
Olympic Handball	✓	✓			✓					✓
Cycling Ireland							✓			✓
Target Shooting Ireland							✓			

## Agency – collaboration and engagement

Meath LSP engaged with 33 agencies in 2022, all with the aim to support increased participation in sport and physical activity. Meath LSP and the agencies (Fig. 4) engage with each other to identify shared key strategic priorities and goals.

Navan Schools Completion Programme
NYPD
LMETB
Cultur Migrants Centre
Meath County Childcare Committee
Womens Refuge
Involve Youth Navan
Kells Family Resource Centre
Navan Family Resource Centre
Trim Family Resource Centre
East Coast Family Resource Centre
CYPSC
Community Gardai Navan
Community Gardai Ashbourne
Child & Family Support Network
Garda SMART Project
HSE
Enable Ireland
Prosper Meath
Rehab Care
National Learning Network
CARA Centre
Praxis Care
Refugee Resettlement
Youth Work Ireland
Foroige
Talbot Group
Muiriosa Foundation
Three Steps
IWA



# DROGHEDA IMPLEMENTATION BOARD

## Drogheda Implementation Board (DIB)

The Drogheda Implementation Board was established following the Drogheda Scoping Exercise which was commissioned by the Minister for Justice in 2020 in response to rising concerns regarding crime and fear of crime in Drogheda & environs.

The scoping exercise was to assess the current issues on the ground, exploring the relevant challenges as well as local strengths and resources, identifying measures that could be taken to improve the situation and others that could chart a path to improved community wellbeing and related outcomes in and around Drogheda. The recommendations in the report fall under two general headings:

1. The need for improved interagency cooperation in the administration and delivery of services in Drogheda, and
2. The need to resource services or provide additional services in the area.

The Drogheda Implementation Plan provides for the implementation of the recommendations of the Drogheda Scoping Exercise is set out under the thematic headings identified in the report. Even though the plan very much requires a cross collaborative approach between agencies & community, Meath LSP sit on the Area / Community Development Arts, Culture & Sport sub-committee.

Together with the Head of Sport in Louth LSP, Meath LSP Manager lead the shared delivery of programmes and activities pertaining particularly to community development/engagement through sport/physical activity & recreation.

Our intention is to expand the focus of the sub group in a way that is manageable and facilitates the involvement of community and NGO groups working in the Drogheda/East Meath area.

*“Exploring the relevant challenges as well as local strengths and resources, identifying measures that could be taken to improve the situation and others that could chart a path to improved community wellbeing and related outcomes in and around Drogheda”*





### National Sports Development Officer Conference

Meath LSP sport development officers attended Sport Ireland's two-day national conference for LSP's & NGB's in June 2022 June in the Clayton Hotel, Liffey Valley.

Some LSP's and NGB's were invited to showcase their approach to delivering programmes which met with the objectives as outlined in the National Sports Policy. Lisa O Dowd – our Women in Sport SDO, presented on the successful Social Basketball programme in Meath along with Louise O'Loughlin Chief Operations Manager and WIS lead for Basketball Ireland.

Meath LSP staff found the 2-day conference hugely beneficial and welcomed the opportunity to meet colleagues from other counties, to network with NGB's and to share ideas on programme development and best practice.

## Club Development and Support Grants

### Covid-19 club small grants 2022

Covid-19 club small grants scheme was designed to support clubs and groups (whose primary focus is the delivery of sport or physical activity), and who do not have the finances to implement COVID-19 related hygiene and social distancing protocols. This grant covered costs associated with the reopening of sports clubs & physical activity and was designed and intended to support the safe return to sporting & physical activities only.

#### Sport Ireland Covid-19 club small grant scheme

Total Applications	132
Successful Applications	117
Funding awarded	€137,875.00
Payments to date	117
Total amount paid	€132,634.00

### Meath LSP Club small grant scheme

Applications were welcomed from registered sports clubs in County Meath and schools and community groups delivering sport and physical activity programmes. The scheme comprised of 3 different strands:

#### 1. Return to Participation

Designed to support clubs in increasing participation in sport & physical activity, particularly amongst target groups (Women & girls, people with disabilities, ethnic minorities, children & young people, people from a disadvantaged background, Men 35+)

#### 2. Volunteer Supports (Training & Education)

To support clubs in upskilling new & existing coaches and volunteers to increase participation in sport & physical activity.

#### 3. Equipment

To support clubs to purchase additional equipment for their regular club activity or to increase participation in sport & physical activity.

### Summary of club grant applications

Area	Participation	Equipment	Volunteer Support	Total
No. of clubs	30	72	46	91
Amount of funding	€ 28,212	€ 35,133	€37,309.00	€100,154



**GOAL:** Further growth in the capacity of the Meath LSP Board & Staff to shape and lead Meath LSP in response to the changing environment and needs of the Meath community

## Staff Training

Staff thoroughly the one day Equine Centred Leadership Development programme with Martinstown Lodge, Athboy. This is a unique approach to experiential learning, one where the participant works with and alongside horses for the purpose of developing core social-emotional competencies and realising both personal & professional development goals.



Staff	Training Undertaken	Delivered By
LSP Staff team	Manual Handling Training	DHK Safety
SDO Staff	ABC of Trauma – Introduction and Awareness – Tier 1 – Online	Rock Pool
LSP Staff team	Dignity at Work	Voltedge HR Management
Senior SDO	Arena Leadership Course Sport Ireland	
FGO	Gov-Enhance programme, reporting requirements	Sport Ireland
LSP Staff team	Management & use of HR Locker	HR Locker
SEO	Stakeholder Engagement workshop	Sport Ireland
LSP Staff team	Website management training	Bluescope Technologies

Board Members	Training Undertaken	Delivered By
Chairperson	Chairpersons Network Session	Sport Ireland
2	Board member roles and responsibility training	Sport Ireland
2	Annual Governance Conference	Sport Ireland

## Capacity building of part-time tutors & coaches:

Meath LSP TUTOR Training 2022	
No. of Tutors	Courses
3	First Aid
4	Manual Handling
2	Safeguarding 1
4(new tutors)	Garda Vetting
4	Activator Poles Training
3	Basketball Intro Course

Meath LSP COACH Training 2022	
No. of Coaches	Courses
3	First Aid
2	Manual Handling
3	Safeguarding 1
4 (new coach's)	Garda Vetting
4	Pickleball Intro Course
2	Olympic Handball Intro Course



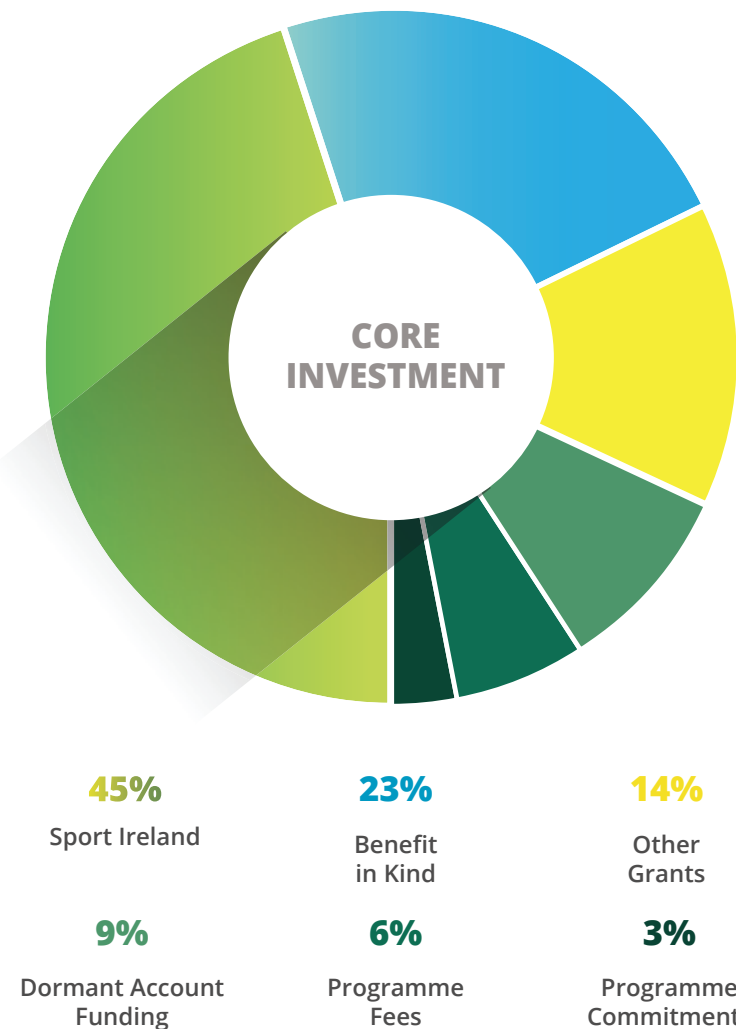
# **SECTION 4**

## **Financial Summary & Statements**

# SECTION 4:FINANCIAL SUMMARY & STATEMENTS

## Core Investment

Sport Ireland supports 29 Local Sports Partnership`s nationwide. Annual funding provided by Sport Ireland into the LSP network ensures the continued investment into building capacity within LSP`s to increase the impact and reach of LSP initiatives across Ireland. With the support of local partners, especially Meath County Council, this core investment provides the core resources and framework required to develop and increase participation in sport and physical activity in Meath.



- Additional funding in 2022 was provided to Meath LSP:
- Sport Ireland under the Dormant Accounts
  - Meath County Council for the development of sport
  - Meath CYPSC under the Healthy Ireland measure strand 3
  - HSE under Section 39, National Lottery and Community & Voluntary grants
  - other smaller grants for National Playday and Bike Week 2022.

Funding Summary	
Sport Ireland	€568,635
Benefit in Kind	€110,865
Other Grants	€79,132
Dormant Account Funding	€185,088
Programme Fees	€37,385
Programme Commitments	€295,395
Total	€1,276,500



Company Number: 366435

**Meath Local Sports Partnership CLG**  
**Annual Report and Financial Statements**  
**for the financial year ended 31 December 2022**

**Clarke Corrigan & Co.**  
**Statutory Auditor Firm**  
**1 Bedford Place**  
**Navan**  
**Co. Meath**

## CONTENTS

	Page
Directors and Other Information	3
Directors' Report	4 - 6
Directors' Responsibilities Statement	7
Independent Auditor's Report	8 - 9
Appendix to the Independent Auditor's Report	10
Income and Expenditure Account	11
Balance Sheet	12
Reconciliation of Members' Funds	13
Cash Flow Statement	14
Notes to the Financial Statements	15 - 24



## **Meath Local Sports Partnership CLG**

### **DIRECTORS AND OTHER INFORMATION**

#### **Directors**

Sharon Tolan  
Gerry O Connor  
Patrick Kelly  
Moirá Aston  
Padraig Fitzsimmons  
Dwyne Hill  
Alison Lynch  
Carmel Halpin

#### **Company Secretary**

Gerry O Connor

#### **Company Number**

366435

#### **Registered Office and Business Address**

Meath County Council  
Navan Municipal District  
Town Hall  
Watergate Street  
Navan  
Co. Meath

#### **Auditors**

Clarke Corrigan & Co.  
Statutory Auditor Firm  
1 Bedford Place  
Navan  
Co. Meath

#### **Bankers**

Bank of Ireland  
Navan  
Co. Meath

# Meath Local Sports Partnership CLG

## DIRECTORS' REPORT

for the financial year ended 31 December 2022

The directors present their report and the audited financial statements for the financial year ended 31 December 2022.

### Principal Activity and Review of the Business

Meath Local Sports Partnership (Meath LSP) was established in 2002 by the Irish Sports Council to plan, lead and coordinate the development of sport and physical activity in County Meath.

Meath LSP provides a leadership role for the co-ordination, development and delivery of sport and physical activity opportunities in County Meath within the framework of our strategic plan and the resources available. Our work includes the provision of information on sport and physical activity, the facilitation of education and training opportunities and supporting the development and implementation of programmes and events that encourage greater participation.

Meath LSP works with and supports the work of the staff and volunteers of our partners and stakeholders in promoting participation in sport and physical activity. We are supported in this role by local and national agencies, statutory bodies, sporting organisations and community and voluntary organisations.

In guiding our work, Meath LSP uses the definition of sport established by the Council of Europe which encompasses "all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels."

The Company is limited by guarantee not having a share capital.

### Chairperson's & Coordinator Statement

We are delighted to present our Meath Local Sports Partnership (Meath LSP) Annual Report 2022.

Our work in 2022, was informed by our Strategic Plan 'Active Meath à More People, More Active, More Often 2017 à 2022' while nationally we were guided by the National Sports Policy 2018- 2027, Sport Ireland's Participation Strategy and the National Physical Activity Plan.

In response to the challenges brought on by the Covid-19 pandemic, Meath LSP, together with our partner agencies and the sporting community, proactively created opportunities for participation in sport with a particular focus on the most vulnerable groups. In 2022, Meath LSP successfully worked towards facilitating more opportunities for sport and physical activity, building capacity, club development and providing information. A noteworthy trend was the move towards more outdoor physical activities which we will continue to support into the future.

A key strength of Meath LSP is our positive collaboration with the statutory agencies, sports clubs and community organisations; those strong partnerships are fundamental to enabling us to facilitate opportunities for the continued participation in sport and physical activity. Critical to this success, is our team of community coaches, tutors and club volunteers. We extend our sincere thanks to all for their ongoing commitment, energy, investment and support in Meath LSP.

Managing the demands on our organisation within the available resources is an ongoing challenge. We would like to acknowledge the Board of Directors of Meath LSP and our various sub committees for their work and dedication to Meath LSP, and for their effective oversight and management of the organisation throughout 2022. Furthermore, we are grateful for the positive engagement and oversight in ensuring Meath LSP has effective governance processes in place which allow us to deliver effectively on our strategic objectives.

We would like to thank Meath County Council for their commitment to Meath LSP (both in terms of financial support and physical resources); Sport Ireland for their ongoing advice, guidance, financial support and the network of Local Sports Partnerships around the country for their positive engagement, support and advice.

Finally, we thank the staff of Meath LSP who have shown tremendous resilience, commitment and positivity throughout 2022. This commitment to Meath LSP is integral to the delivery of our strategic objectives and ultimate success of Meath LSP. We are determined to succeed and perform, growing in strength, courage and pride as we face each challenge and opportunity together.

Critical to our continued success, will be the support of the Board of Directors, Meath LSP staff, key national and local stakeholders, National Governing Bodies, clubs, organisations, educational establishments and the volunteers within our local communities in Meath. Working collaboratively, we will grow the strategic capacity of Meath LSP and ensure it becomes the lead agency for sports participation within the county. Our work is about leading a shift in culture and a shift in everyday practice where more people, are more active, more often in Meath.

# Meath Local Sports Partnership CLG

## DIRECTORS' REPORT

for the financial year ended 31 December 2022

In 2022, we successfully facilitated a wide range of programmes, events, and initiatives which enabled sports development, enhanced health and well-being and contributed to quality of life of the people in Meath. Increasing participation in sport and physical activity remains the cornerstone of our work in Meath LSP and we look forward to achieving this by working with all the sporting community in 2023.

Yours in sport,  
Sharon Tolan  
Chairperson, Meath LSP

Mary Murphy  
Coordinator, Meath LSP

### Principal Risks and Uncertainties

In common with all companies operating in Ireland in this sector, the company faces increasing overhead costs. The directors are of the opinion that the company is well positioned to manage these costs with the continuing support of our principal funding organisations.

### Financial Results

The (deficit)/surplus for the financial year amounted to €(9,308) (2021 - €16,720).

At the end of the financial year, the company has assets of €876,027 (2021 - €888,669) and liabilities of €815,590 (2021 - €818,924). The net assets of the company have decreased by €(9,308).

### Directors and Secretary

The directors who served throughout the financial year were as follows:

Sharon Tolan  
Gerry O Connor  
Patrick Kelly  
Moira Aston  
Padraig Fitzsimmons  
Dwyne Hill  
Alison Lynch  
Carmel Halpin

The secretary who served throughout the financial year was Gerry O Connor.

In accordance with the Constitution, the directors retire by rotation and, being eligible, offer themselves for re-election.

### Auditors

The auditors, Clarke Corrigan & Co., (Statutory Auditor Firm) have indicated their willingness to continue in office in accordance with the provisions of section 380 of the Companies Act 2014.

### Future Development

Meath LSP will continue to promote, encourage and support participation in sport & physical activity in Meath; our primary objective remains "to increase participation in sport & physical activity across the lifespan".

We will continue to work in collaboration with local agencies, partners & stakeholders in achieving our strategic objectives. We will continue to engage with those already working in harder to reach areas of our community & we will continue to build vibrant partnerships with those communities; by doing so we will ensure that structures are in place to enable participation for all community members in a wide range of activities.

The ongoing evaluation of Sport Ireland funded programmes, particularly those delivered by Meath LSP, means that Sport Ireland can present strong visual evidence of the benefits of its work to its partners and funders. This increased understanding of what makes a physical activity initiative successful helps all those who work with Sport Ireland to evidence-based investment decisions and ensure value for money in the delivery of sport across Ireland.

Meath LSP acknowledges the support of all those agencies and realises without their continued investment and support Meath LSP would be unable to deliver the range, amount and breadth of programmes which it currently does.

In what continues to be an ever changing and demanding environment, the Meath LSP team continues to work successfully with partners within sport and health promotion and with the local authority to bring in substantial investment and opportunities to further develop sport and physical activity in Meath. Each year Meath LSP continues to be encouraged by the level of support given to the LSP by statutory, community and voluntary groups across the county. The continuing commitment by the Sport Ireland, Meath County Council, HSE and other partners towards providing financial and in-kind resources to Meath LSP is very much appreciated by the board.



# **Meath Local Sports Partnership CLG**

## **DIRECTORS' REPORT**

for the financial year ended 31 December 2022

### **Accounting Records**

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Meath County Council, Navan Municipal District, Town Hall, Watergate Street, Navan Co. Meath.

**Signed on behalf of the board**

**Sharon Tolan**  
**Director**



**5 September 2023**

**Gerry O Connor**  
**Director**



**5 September 2023**

# **Meath Local Sports Partnership CLG**

## **DIRECTORS' RESPONSIBILITIES STATEMENT**

for the financial year ended 31 December 2022

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Disclosure of Information to Auditor**

Each persons who are directors at the date of approval of this report confirms that:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

**Signed on behalf of the board**

Sharon Tolan  
Director



**5 September 2023**

Gerry O'Connor  
Director



**5 September 2023**

# **INDEPENDENT AUDITOR'S REPORT**

## **to the Members of Meath Local Sports Partnership CLG**

### **Report on the audit of the financial statements**

#### **Opinion**

We have audited the financial statements of Meath Local Sports Partnership CLG ('the company') for the financial year ended 31 December 2022 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Cash Flow Statement and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued in the United Kingdom by the Financial Reporting Council.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2022 and of its deficit for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

#### **Other Information**

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### **Opinions on other matters prescribed by the Companies Act 2014**

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.



# **INDEPENDENT AUDITOR'S REPORT**

## **to the Members of Meath Local Sports Partnership CLG**

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

### **Respective responsibilities**

#### **Responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement set out on page 7, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

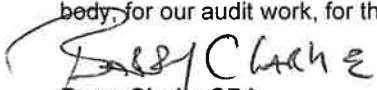
#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description\\_of\\_auditors\\_responsibilities\\_for\\_audit.pdf](http://www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description_of_auditors_responsibilities_for_audit.pdf). The description forms part of our Auditor's Report.

#### **The purpose of our audit work and to whom we owe our responsibilities**

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Barry Clarke CPA

for and on behalf of

**CLARKE CORRIGAN & CO.**

Statutory Auditor Firm

1 Bedford Place

Navan

Co. Meath

**5 September 2023**

# **Meath Local Sports Partnership CLG**

## **APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT**

### **Further information regarding the scope of our responsibilities as auditor**

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

# Meath Local Sports Partnership CLG

## INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 31 December 2022

	Notes	2022 €	2021 €
Income	4	1,118,517	1,009,122
Expenditure		(1,127,825)	(992,402)
(Deficit)/surplus for the financial year		(9,308)	16,720
Total comprehensive income		(9,308)	16,720



# Meath Local Sports Partnership CLG

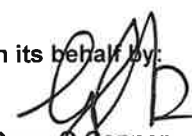
## BALANCE SHEET

as at 31 December 2022

	Notes	2022 €	2021 €
<b>Current Assets</b>			
Debtors	8	125,635	209,860
Cash and cash equivalents		750,392	678,809
		<u>876,027</u>	<u>888,669</u>
<b>Creditors: amounts falling due within one year</b>	9	<u>(815,590)</u>	<u>(818,924)</u>
<b>Net Current Assets</b>		<u>60,437</u>	<u>69,745</u>
<b>Total Assets less Current Liabilities</b>		<u>60,437</u>	<u>69,745</u>
<b>Reserves</b>			
Income and expenditure account		60,437	69,745
<b>Members' Funds</b>		<u>60,437</u>	<u>69,745</u>

Approved by the board on 5 September 2023 and signed on its behalf by:

  
Sharon Totan  
Director

  
Gerry O'Connor  
Director

# Meath Local Sports Partnership CLG

## RECONCILIATION OF MEMBERS' FUNDS

as at 31 December 2022

	Retained surplus	Total
	€	€
<b>At 1 January 2021</b>	53,025	53,025
Surplus for the financial year	16,720	16,720
<b>At 31 December 2021</b>	69,745	69,745
Deficit for the financial year	(9,308)	(9,308)
<b>At 31 December 2022</b>	<b>60,437</b>	<b>60,437</b>

**Meath Local Sports Partnership CLG****CASH FLOW STATEMENT**

for the financial year ended 31 December 2022

	Notes	2022 €	2021 €
<b>Cash flows from operating activities</b>			
(Deficit)/surplus for the financial year		(9,308)	16,720
		(9,308)	16,720
Movements in working capital:			
Movement in debtors		84,225	(112,626)
Movement in creditors		(3,334)	325,487
		71,583	229,581
Cash generated from operations		71,583	229,581
<b>Net increase in cash and cash equivalents</b>		<b>71,583</b>	<b>229,581</b>
<b>Cash and cash equivalents at beginning of financial year</b>		<b>678,809</b>	<b>449,228</b>
<b>Cash and cash equivalents at end of financial year</b>	<b>12</b>	<b>750,392</b>	<b>678,809</b>



# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2022

### 1. General Information

Meath Local Sports Partnership CLG is a company limited by guarantee incorporated and registered in the Republic of Ireland. The registered number of the company is 366435. The registered office of the company is Meath County Council, Navan Municipal District, Town Hall, Watergate Street, Navan, Co. Meath which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

### 2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

#### Statement of compliance

The financial statements of the company for the financial year ended 31 December 2022 have been prepared on the going concern basis and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102).

#### Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

#### Income

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

#### Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	- 33.33% Straight Line
----------------------------------	------------------------

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

#### Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

#### Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

#### Taxation

Meath LSP is a non-profit organisation and therefore they have not registered for Corporation Tax.

### 3. Departure from Companies Act 2014 Presentation

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

### 4. Income

An analysis of income by class of business and geographical market is not given as, in the opinion of the directors, this would be seriously prejudicial to the company's interest.

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

### 5. Employees and remuneration

#### Number of employees

The average number of persons employed (including executive directors) during the financial year was as follows:

	2022 Number	2021 Number
Core Employees	2	2
Sports Development Staff	6	5
	<u>8</u>	<u>7</u>

### 6. Salary & Pensions

The number of employees whose salaries (excluding employer pension contributions and employer PRSI) were greater than €60,000 were as follows:

Salary Band	Number of Employees
€60,001 - €70,000	<u>1</u>

Staff Pension Contributions for 2022 amounted to €20,590.

### 7. Tangible assets

	Fixtures, fittings and equipment €	Total €
<b>Cost</b>		
At 1 January 2022	<u>6,432</u>	<u>6,432</u>
At 31 December 2022	<u>6,432</u>	<u>6,432</u>
<b>Depreciation</b>		
At 1 January 2022	<u>6,432</u>	<u>6,432</u>
At 31 December 2022	<u>6,432</u>	<u>6,432</u>
<b>Net book value</b>		
At 31 December 2022	<u>-</u>	<u>-</u>

#### 7.1. Tangible assets prior financial year

	Fixtures, fittings and equipment €	Total €
<b>Cost</b>		
At 31 December 2021	<u>6,432</u>	<u>6,432</u>
<b>Depreciation</b>		
At 31 December 2021	<u>6,432</u>	<u>6,432</u>
<b>Net book value</b>		
At 31 December 2021	<u>-</u>	<u>-</u>

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

8. Debtors	2022 €	2021 €
Other debtors	121,400	197,153
Prepayments and accrued income	4,235	12,707
	<u>125,635</u>	<u>209,860</u>
9. Creditors	2022 €	2021 €
Amounts falling due within one year		
Other creditors	791,413	807,321
Accruals	24,177	11,603
	<u>815,590</u>	<u>818,924</u>

### 10. State Funding

#### Grantor

#### Sport Ireland

Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€9,988
Total Grant Amount Received 2022	€24,200
Total Grant Released 2022	(€31,559)
Deferred Grant at 31.12.2022	€2,629
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Women in Sport
Restricted	Yes

#### Grantor

#### Sport Ireland

Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€16,990
Total Grant Amount Received 2022	€27,205
Total Grant Released 2022	(€20,347)
Deferred Grant at 31.12.2022	€23,848
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Non Staff
Restricted	Yes



# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€57,307
Total Grant Amount Received 2022	€48,355
Total Grant Released 2022	(€48,706)
Deferred Grant at 31.12.2022	€56,956
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	National Programmes
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€63,935
Total Grant Amount Received 2022	€274,113
Total Grant Released 2022	(€267,725)
Deferred Grant at 31.12.2022	€70,323
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Core Funding
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€2,750
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€2,750)
Deferred Grant at 31.12.2022	€0
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Section 5
Restricted	Yes

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€72,988
Total Grant Amount Received 2022	€74,800
Total Grant Released 2022	(€3,205)
Deferred Grant at 31.12.2022	€144,583
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Covid 19 Grants
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€59,084
Total Grant Amount Received 2022	€20,000
Total Grant Released 2022	(€16,673)
Deferred Grant at 31.12.2022	€62,411
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Dormant Account - Volunteer Support
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€5,891
Total Grant Amount Received 2022	€15,000
Total Grant Released 2022	(€19,142)
Deferred Grant at 31.12.2022	€1,749
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Dormant Account - Youth Leadership
Restricted	Yes

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€158,805
Total Grant Amount Received 2022	€60,000
Total Grant Released 2022	(€43,466)
Deferred Grant at 31.12.2022	€175,339
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Dormant Account - Community Sports Hub
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€41,763
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€9,071)
Deferred Grant at 31.12.2022	€32,692
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Dormant Account - Urban Outdoor
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€19,687
Total Grant Amount Received 2022	€18,500
Total Grant Released 2022	(€18,114)
Deferred Grant at 31.12.2022	€20,073
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	SIDP Capital
Restricted	Yes



# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€0
Total Grant Amount Received 2022	€14,000
Total Grant Released 2022	(€0)
Deferred Grant at 31.12.2022	€14,000
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Her Moves
Restricted	Yes
<b>Grantor</b>	<b>Sport Ireland</b>
Sponsoring Department	Department of Transport, Tourism & Sport
Deferred Grant at 01.01.2022	€0
Total Grant Amount Received 2022	€3,750
Total Grant Released 2022	(€3,750)
Deferred Grant at 31.12.2022	€0
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Health & Safety / HR
Restricted	Yes
<b>Grantor</b>	<b>Health Service Executive</b>
Sponsoring Department	Department of Health
Deferred Grant at 01.01.2022	€14,430
Total Grant Amount Received 2022	€13,200
Total Grant Released 2022	(€14,794)
Deferred Grant at 31.12.2022	€12,836
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Section 39
Restricted	Yes

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

<b>Grantor</b>	<b>Health Service Executive</b>
Sponsoring Department	Department of Health
Deferred Grant at 01.01.2022	€3,000
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€3,000)
Deferred Grant at 31.12.2022	€0
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Community Voluntary Programme
Restricted	Yes
<b>Grantor</b>	<b>Health Service Executive</b>
Sponsoring Department	Department of Health
Deferred Grant at 01.01.2022	€10,043
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€0)
Deferred Grant at 31.12.2022	€10,043
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	National Lottery Programme
Restricted	Yes
<b>Grantor</b>	<b>Meath County Council</b>
Deferred Grant at 01.01.2022	€3,614
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€3,614)
Deferred Grant at 31.12.2022	€0
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Healthy Ireland Measure
Restricted	Yes

# Meath Local Sports Partnership CLG

## NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2022

Grantor	Meath County Council
Deferred Grant at 01.01.2022	€0
Total Grant Amount Received 2022	€112,363
Total Grant Released 2022	(€112,363)
Deferred Grant at 31.12.2022	€0
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	Sports Development Fund
Restricted	Yes
Grantor	Sport Ireland
Deferred Grant at 01.01.2022	€150,000
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€16,550)
Deferred Grant at 31.12.2022	€133,450
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	National Comms & Marketing Budget 2022
Restricted	Yes
Grantor	Healthy Ireland Measure
Deferred Grant at 01.01.2022	€60,831
Total Grant Amount Received 2022	€0
Total Grant Released 2022	(€48,773)
Deferred Grant at 31.12.2022	€12,058
Term of Grant	01 January 2022 - 31 December 2022
Purpose of Grant	CYPSC
Restricted	Yes

### 11. Status

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members or within one year thereafter for the payment of the debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves such amount as may be required, not exceeding € 2.

12. Cash and cash equivalents	2022 €	2021 €
Cash and bank balances	730,178	658,595
Cash equivalents	20,214	20,214
	<b>750,392</b>	<b>678,809</b>



for the financial year ended 31 December 2022

**13. CIRCULAR 13/2014 MANAGEMENT OF AND ACCOUNTABILITY FOR GRANTS FROM EXCHEQUER FUNDING**

Sponsoring Department:

The sponsoring body for Sport Ireland funding is Department of Transport, Tourism and Sport.

Operational Grants:

Meath Local Sports Partnership CLG received grants from various Government Organisations, these amounts are released to the Income and Expenditure account as projects are rolled out and the relevant costs are paid.

Capital Grants:

Meath Local Sports Partnership CLG received no non program capital grants in 2022.

Restrictions:

Operational grants are restricted to running costs of the company.

Capital grants are restricted to capital expenditure.

Tax Clearance:

Meath Local Sports Partnership CLG is compliant with relevant Circulars, including Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments".

Duplication of Funding:

Based on the information provided, there is no duplication of funding for the same activity.

**14. Approval of financial statements**

The financial statements were approved and authorised for issue by the board of directors on 5 September 2023.

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