



OLDCASTLE POP-UP POOL TIMETABLE

PROGRAMME	AGE	STARTS	DURATION	TIME	REGISTER OR CONTACT
Family Swim for Kids with Additional Needs	Inclusive swimming for Kids with additional needs	Tuesday 8 th Aug	3 Weeks	6:00pm – 7:00pm	Online booking (courseprogress.co.uk)
Family Swim for Kids with Additional Needs	Inclusive swimming for Kids with additional needs	Thursday 10 th Aug	3 Weeks	11:00pm – 2:00pm	Online booking (courseprogress.co.uk)
Teen Boys only Swim, Waterpolo and Fun games	Teens 12-17	Tuesday 8 th Aug	3 Weeks	4:30pm – 5:30pm	Online booking (courseprogress.co.uk)
Teen Girls only Swim, Waterpolo and Fun games	Teens 12-17	Wednesday 9 th Aug	3 Weeks	2:00 – 3:00pm	Online booking (courseprogress.co.uk)
Aqua Aerobics	Adults 50+	Tuesday 8 th Aug	3 Weeks	11:00am – 12:00pm	Online booking (courseprogress.co.uk)
Aqua Aerobics	Adults 50+	Thursday 10 th Aug	3 Weeks	7:00pm – 8:00pm	Online booking (courseprogress.co.uk)
Swimmin Women (Swimmin Lessons + Aqua Move)	Women 18+	Wednesday 9 th Aug	3 Weeks	7pm-8pm	Lisa ODowd (LODowd@meathco.co.ie)
MLSP Parents and Toddler	Parents and Toddler	Tuesday 15 th & 22 nd Thursday 17 th & 24 th	2 weeks	7 to 7:45pm	Lisa ODowd (LODowd@meathco.co.ie)



COMMUNITY PROGRAMMES



Enquiries & registrations to
mlsp@meathcoco.ie | 0469067887



comhairle chontae na mí
meath county council