

# HER OUTDOORS August 14<sup>th</sup> – 20<sup>th</sup> 2023



PROGRAMME	LOCATION	STARTS	Register
Yoga & Dip – Women 18+	Laytown Beach	Tuesday 15 <sup>th</sup> August @5-8pm	<a href="#">CLICK HERE</a>
Come & Try – Beach Games	Bettystown Beach	Tuesday 15 <sup>th</sup> August 7-8.30pm	<a href="#">CLICK HERE</a>
Come & Try Cricket (Women & Girls)	Knockharley Cricket Club	Wednesday 16 <sup>th</sup> August @7-8pm	<a href="#">CLICK HERE</a>
Social Soccer Women & Girls 16+	Slane	Wednesday 16 <sup>th</sup> August @7-8pm	<a href="#">CLICK HERE</a>
Navan Cycling Initiative	Ramparts	Wednesday 16 <sup>th</sup> August @6.30pm	<a href="#">CLICK HERE</a>
Come & Try Rounders	Skryne	Wednesday 16 <sup>th</sup> August @7.30pm	<a href="#">CLICK HERE</a>
Wheelchair Orienteering	Blackwater Park, Navan	Wednesday 16 <sup>th</sup> August @12-1pm	<a href="#">CLICK HERE</a>
Mums & Girls Canoeing	Ribbontail, Longwood	Thursday 17 <sup>th</sup> August @7pm	<a href="#">CLICK HERE</a>
Activator Pole Walking	Navan	Thursday 17 <sup>th</sup> August @11-12pm	<a href="#">CLICK HERE</a>
Beach Orienteering	Mosney Refugee Centre	PRIVATE EVENT	<a href="#">CLICK HERE</a>



WOMEN IN SPORT



Enquiries and registrations to Lisa O Dowd  
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