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View our website:
[http://
www.meathsports.ie](http://www.meathsports.ie)



Celebrating 10 years of the Meath Heritage Cycle Tour!

The Sport Ireland Meath Heritage Cycle tour returns for it's 10th year



on July 28th & 29th. The historic town of Trim will play host to the start and finish area under the watchful eye of St John's Castle – an impressive setting for a most memorable event.

The organisers anticipate in excess of 2500 cyclists will descend on Trim for this weekend.

The Sport Ireland Meath Heritage Cycle tour is made

GET ON YOUR BIKE !

**Meath
Heritage Cycle Tour
SUN 29th JULY**

FAMILY SPIN SAT 28th @ 5pm

**Register at:
www.meathsports.ie
or 046 906 7337**



The 11k Family spin takes place on Sat 28th with the other 2 distances taking place on Sunday 29th. You can register for the 11km Family Spin ONLY on the day. There will be no registration facility for on the day entries.

Details of maps with elevation, food and water stops are available to download from our website. Those using smart or iphones will be able to download the maps to their phones – ensuring that they remain on route.

Those wishing to register can do so online at www.meathsports.ie. Early bird entry prices apply up until the 19th July. Be part of it!!

Community Section



It's sunshine as normal as runners and walkers take to the streets of Kells for the Royal County 5k & 10k events!

With summer finally arriving, runners and walkers took to the streets of Kells on Bank Holiday Monday last for this the 8th year of the Royal County event.

With local clubs of Bohermeen, Dunshaughlin and Navan athletic clubs out in force, it wasn't a surprise to see familiar faces vying for podium finishes in all categories. Jeff Ennis (no club) stormed home in the 10k event with a strong finish to beat last year's winner - David O Connell from Bohermeen AC into 3rd place. Shane Boyle (now on his 3rd win in the 5k distance) from the Dunshaughlin AC put in a tremendous run to win the 5k in a time of 17:29 (3 seconds outside of his winning time last year).



Cailin McDonagh from Fr. Murphy AC dominated the 10k event to romp home in a winning time of 43:29 and ever-green Josephine Killeen from Dublin leading the ladies home in the 5k event in a time of 21:12 seconds. With a higher number of U16 participants than other years, Andrew Kelly won the Junior 5k category in an impressive time of 21.19. Tremendous running from a 14 year old.



Massive congratulations are extended to Saheed Alawiye (Beaufort Blazers) who was first across the line in the Wheelchair event. Saheed entered the 5km distance and together with his mentor, PE teacher Ger Murphy completed the distance to great applause from his colleagues as he crossed the finish line. Congratulations to all the winners and thanks to Brian and Paul of Club Active Kells for sponsoring each of the prizes.



Special mention to the students and staff (Beaufort Blazers) from Beaufort College secondary school, Navan who have been participating in the Couch to 5k initiative in their school over the past few weeks in preparation for the 10k and 5k distances – well done to all. Congratulations to Ger Murphy (the infectious dynamic PE teacher) had a personal best in finishing 2nd in the F60 category.

Many thanks to photographer Bernard Hand for giving his time to capture the atmosphere and winners and participants from the day itself. We would like to thank all who supported the event in particular to St Brigid's AC; Kells Gardai; Civil Defence; Kells Municipal District Council and local volunteers. Special thanks to Vincent and Olivia Duff and staff of the Headfort Arms Hotel who kindly opened their facilities for registration and provided much needed refreshments afterwards free of charge to all the participants.

Community Section

Women's Only Tag Rugby

The Women's Only Tag Rugby, in association with Navan Rugby Club started Thursday 3rd May in Navan Rugby Club!

The programme is suitable for complete beginners and is a fun way to exercise!



Over 20 ladies are participating weekly on the rugby programme, all receiving excellent instruction from the coaches of Navan Rugby Club.

If you are interested in trying our Women's Only Tag Rugby, please come along on Thursdays at 7.30pm!

You don't need to have played rugby in the past, you don't even need to know the rules of the game as all of

the basics are covered on the night!



Women's Only Tag Rugby— fun, free, great craic and physical!

For more information, please call Ruairi on 046-9067337.

Community Walking

If you enjoy walking but want to get more from your walk, why not start a walking group in your local community?

Meath LSP can help you with the information and support you need. Setting up a walking group will keep you motivated, help you meet new people, and bring your community together.

If this is something you are interested in, please contact Lucy on 046-9067337 or email lucy.dillon@meathcoco.ie

Fordstown Community Walks

There is a six week walking programme starting on **Wednesday 20th June at 7.30pm in Fordstown.**



Please meet at Girley Hall. All ages and abilities are welcome! For more information call Lucy on 086-8957673.

Community Section

Walk 'n' Tone Ashbourne

Meath County Council installed an outdoor gym in Ashbourne in April 2018! A 10 station outdoor gym was fitted along the Sli na Slainte route in the town.

Meath LSP, in association with the local walk leaders in Ashbourne will organise a walk 'n' tone on **Monday 25th June at 7pm**. This is open to adults 18+ in Ashbourne and the surrounding areas.



The walk will start at the Garda station and walk the Sli na Slainte route. There will be a demonstration along the way on each machine and an opportunity to try out the new machines.

This is a good opportunity to get out and try the new outdoor gym in Ashbourne and meet up with the walk leaders in your area. The machines are safe, easy to use and a great way to vary your workout when you are out walking.

For more information contact Lucy Dillon on 046-9067337 or email lucy.dillon@meathcoco.ie

Meath Running Group

This is the 9th year of Meath Running Group and it is still going from strength to strength. Block 1 started back on Wednesday 14th March. The focus was core conditioning and the 9 weeks were really beneficial to get participants physically ready to start running.



Block 2 started Wednesday the 23rd May. The focus for this block was speed and middle distance training. We are currently in week 4 and 40 runners are taking part each week.

Block 3 starts on **Wednesday 22nd August in Claremont Stadium, Navan**. The focus will be preparation for ½ and full marathons.

If you are interested in taking part in block 3, please email Ruairí on rmurphy@meathcoco.ie



Community Section

Blackwater Park a hive of colour at Navan's first ever Colour Fun Run!

On Sunday May 27th, Blackwater Park in Navan was transformed into a colour paradise. In beautiful sunshine and set on the backdrop of the river Boyne, 400 people of all ages and ability levels gathered for Navan's first ever Colour Fun Run.

The Colour Fun Run was organised by Meath Comhairle na nÓg - the Youth County Council. Their work topic for 2018 is "Health and Fitness" so the event represented a fantastic opportunity to highlight that exercise does not need to be a chore, but can in fact, be a very enjoyable and fun experience.

Cllr. Enda Flynn and Comhairle na nÓg chairperson, Cllr. Maria Murphy were present on the day to support the Comhairle members and led from the front as the Colour Fun Run commenced. Runners and walkers completed 3 laps of the 1.4km track. Along the track, there were 2 paint stations. As runners and walkers passed by each station, they were met with a blast of colour that illuminated the sky (and their clothes)! Upon finishing, families and friends met and congratulated one and other on completing a fun and well run community event.

Comhairle na nÓg would like to express their thanks to all who supported the event in particular to Meath Local Sports Partnership, Jigsaw Meath, Meath County Council, Navan Gardai; Civil Defence; Aura Navan and local volunteers. Special acknowledgement to Olivia Carpenter in Meath County Council who has departed from her role with Comhairle na nÓg – you will be missed. All proceeds from registrations were donated to Jigsaw Meath.



TAG RUGBY
FOR MEN 40+
Friday's at 8pm in
Navan RFC
Suitable for Beginners



Community Section

Community Sports Hub Navan



Allocation of Dormant Account funding was secured through Meath Sports Partnership and Sport Ireland towards the development of a Community Sports Hub in Navan.

The aims and objective of the Community Sports Hub Navan are:

Aim: The aim of the Community Sports Hub Navan is to increase the numbers participating in sport and physical activity within the local community irrespective of age, ability or socio-economic circumstance.

Objective: The objective of the Community Sports Hub Navan is to deliver projects which increases opportunities for people to be more active in disadvantaged areas, thereby connecting and strengthening local communities ; maximising participation, improving access to and usage of a range of existing facilities and enhancing shared learning amongst the groups / clubs etc.

The hub operates within the existing structures of the Local Sports Partnership and provides information, support and advice on a wide range of sports and physical activities to make it easier for people in disadvantaged areas to get involved and engage in a more active and healthier lifestyle.

Plan 2018-19

The hub is managed from the offices of Meath LSP based in Town Hall, Navan which acts as a central physical base for the programme. 3 hotspot areas have been identified in Navan for phase programme roll out—1. Blackwater Park; 2. Claremont Stadium; 3. Johnstown green area.

Our priority work schedule will roll out as follows in the three hot spot areas:

- Apr – Jun 2018 - Blackwater Park
- Sep - Nov 2018 - Johnstown green area
- Jan - Mar 2019 - Claremont Stadium
- Apr—Jun 2019 – Blackwater Park, Johnstown green area & Claremont Stadium.



Multi Sport Activities



Couch to 5km

Community Section

Community Sports Hub Navan

Achievements to Date (April-June 2018)



Community Engagement

471 participants engaged in wide variety programmes.

20 programmes delivered within the local community.

Activities delivered include: Zumba, Cheer Dance, Late Night Football League, Multi-Sport activities, Sports Leader Training, Couch to 5km, Run4Fitness, Buggy Buddies, Glow Football, Fishing for Fun, Learn 2 Swim and Basketball, inclusive of all ages and abilities.



Cheer Dance

Stakeholder Engagement

16 partner organisations assisting with delivery of the programmes.

6 local facilities provided access and acted as a base for programme delivery.

For the hub to be successful, it requires the engagement of facility owners and providers to not only support the initiative but to open their doors and act as a base for programme delivery which thankfully six providers in Navan have done. One of the real advantages in identifying local facilities is that it provides the local residents with ease of access to sport and physical activity opportunities on their doorstep. This in turn leads to stronger and more connected communities.

Training & Developing Local Leaders

34 local individuals trained in Disability Inclusion and Sports Leader UK Award.

In order for the Hub to become sustainable, it is vital that local individuals train as leaders in a variety of sporting disciplines. This then allows them to deliver activities locally within their community and provides for a more sustainable Hub.



Sports Leader Course in Colaiste na Mi

Contact Us

For latest updates on new and exciting opportunities to get involved in sport and physical activity in Navan, check out our Facebook page – [Community Sports Hub Navan](#)

If you would like more information on Community Sports Hub Navan please contact Margo Finnegan on 046-9067337 or email margo.finnegan@meathcoco.ie



Club Section

Dunboyne Tennis Club

OPEN DAY

Adults and Children
Welcome



Sun JULY 1st,
12pm to 3pm

085 1537 466
dunboynetennisclub@gmail.com
www.dunboynetennis.com

Club Section



Navan Cougars Basketball Club

As part of the Community Sports Hub, a 5 week Basketball programme was organised by Navan Cougars Basketball club. Navan Cougars provided coaches and volunteers which attracted over 100 participants from the local area.



“It was FUN!”



The aim of the programme is to increase the number of children participating in physical activity by introduce participants to the sport of Basketball while having fun and learning new skills.

The programme took place in Scoil Naomh Eoin in Clonmagadden Valley. A number of participants joined Navan Cougars Basketball club after the 5 week programme.

Navan Cougars are seeking new members for 2018-2019 season in the following age groups:

- Cougars Cubs Academy (7-9yrs)
- Boys & Girls U12, U14, U16 & U18 yrs
- Senior Men & Women's teams

For more information, you can contact the club by:
Telephone: 083-8177805
Email: navancougars1@gmail.com
Facebook: www.facebook.com/navancougars
Venue: St. Patrick’s Classical School, Navan

“My child enjoyed playing with other kids, learning new skills. After every class he asks when will we go again!”



“Chance to try a new sport!”

Training & Education

Disability Inclusion Training



17 local community coaches, sports leaders and volunteers took part in Disability Inclusion Training on May 19th 2018. This course provided the participants with skills and ideas on how to adapt their sport or physical activity sessions to make them more accessible and inclusive for people with a disability.

Training and education holds a key role to support clubs and organisations meeting the needs of people with disabilities. For more information on training and education opportunities in Meath, check out www.meathsports.ie



Pictured above—Go for Life PAL's Training: On Tuesday 24th April, 18 active retirement members attended the first 4 training sessions to become Physical Activity Leaders for the their group. The final 4 sessions will take place in September 2018.

Training & Education



SPORT IRELAND Youth Sports Leadership – An Accredited Award for Secondary School Students



**NOW ENROLLING SCHOOLS/COMMUNITY GROUPS
FOR SEPTEMBER!**

Meath LSP in association with Sport Ireland and Dormant Accounts will continue to deliver the Youth Sports Leadership Award, and are now inviting expressions of interest from secondary schools and youth organisations in Meath for 2018.

The Award in Sports Leadership is accredited by Sport Ireland partners - Sports Leader UK. For students wishing to pursue a career in sports, management or leadership this is their opportunity to get ahead in terms of their own career pathway. The Level 1 Award in Sports Leadership is ideally suited to students of transition year or community groups with young people aged from 14-18.



The Level 1 Award in Sports Leadership is a practical award in which learners must demonstrate their ability to lead others in simple sport/activity. The award consists of 2 Units of work (22 guided hours) delivered over a number of sessions.

Each course is designed for 20 (max) learners per tutor, schools/community groups may opt to work with 20 learners on one course or we can provide 2 tutors and deliver to 40 learners simultaneously.

Secondary schools in Meath who have completed the Sports Leader Award include:

- Ashbourne Community School
- Colaiste Na Mi
- Loreto Secondary School
- St. Patrick's Classical School

Community groups include:

- Youthreach Navan
- Youthreach Progression Navan
- Youthreach Kells
- Involve Navan and Trim



To book your place or for more information, please contact Paul Friel on 046-9067337 or email paul.friel@meathcoco.ie

Schools Section

What we offer schools

Meath LSP offers a variety of programmes to schools in support of physical education and in particular the Active Schools Flag.

Programmes include:

- Cycle Right Programme
- Sports Hall Athletics
- Sports Leader UK
- Be Active ASAP
- Play Rugby
- The Daily Mile Challenge
- iRun for Fun
- School Sports Day Training
- National initiatives such as Bikeweek and National Recreation Week.

If you would like further information on any of the above programmes see www.meathsports.ie

The Daily Mile

Would YOUR SCHOOL like to take part in **The Daily Mile** 2018/2019?

If so, this is your chance!



Meath LSP would like to invite your school to take part in **The Daily Mile**. A free and simple initiative; **The Daily Mile** aims to improve the physical, social, and emotional wellbeing of the children in your school.

It is not PE, sport or cross-country but a physical activity which can help children to focus and concentrate in the classroom and raise their attainment.

The Daily Mile is successful because it is simple and free:



- Children run outside in the fresh air – and the weather is a benefit, not a barrier.
- There's no set up, tidy up or equipment required.
- Children run in their uniforms so no kit or changing time is needed.
- It's social, non-competitive and fun.
- It's fully inclusive; every child succeeds, whatever their circumstances, age or ability.

If you are interested in starting The Daily Mile with your whole school or one of the classes in your school, please contact Meath LSP for an expression of interest form or email paul.friel@meathcoco.ie

Schools Section

Secondary Schools wanted for exciting iRunForFun programme!

Meath LSP in association with Athletics Ireland is looking for secondary schools to take part in an exciting project iRunForFun is a school based recreational running initiative that will take place over an initial 6 week period beginning this Autumn.

This is a programme aimed to increase activity levels of entire schools by encouraging engagement in recreational running in students of all levels of fitness. It also aims to give students an increased awareness of the importance of living an active and healthy lifestyle.



Physical Education Department

Physical Education teachers can use this six week iRunForFun training programme to encourage students to complete the programme. There are three levels available to participants which cater for beginner, intermediate, and advanced runners.

iRunForFun Diary

Each school will be supplied with an 'iRunForFun Diary'. This is a purpose made diary that all participants will receive. The diary will include training tips, nutritional advice, benefits of exercise, and other relevant items of interest. It will also provide students with a means whereby they can log and monitor their training progress.

Target year group

The programme is aimed at Transition Year students as it provides an excellent opportunity for a group to undertake a fun and challenging project.

School/Club Link

The school will be linked up with athletics clubs and events in the local area. The clubs can help offer advice to students during the running of the programme while also encouraging students, both elite and recreational, to become involved in their local club or event.

Anyone seeking further information should contact Paul Friel on 0469067337 or paul.friel@meathcoco.ie

Older Adult Programmes

Mature Movers

Strength

Fun

Mobility

Functional

The 6 week programme for adults (50+) includes activities such as seated exercise to music, resistance exercises with resistance bands, core stability, balance, seated Pilates and fall prevention exercises. Mature Movers is ideally suited to older adults as it provides for enjoyable social interaction, fun and activities.

PUT YOUR HANDS UP IF YOU LOVE MATURE MOVERS!!

Balance



Friendly

Area	Day	Time	Venue
Trim	Monday	10am	Village Hall, Knightsbridge Nursing Home.
Navan	Monday	11am	Navan Pitch and Putt Club
Kells	Thursday	10am	Kells Resource Centre
Dunboyne	Friday	10.30am	Old School
Laytown	Friday	11am	St. Colmcille's GAA
Stamullen	Wednesday	12.30pm	St. Patricks GAA
Donore	Monday	2pm	Parish Hall
Ashbourne	Wednesday	7pm	Sports Hall, Community School

If you would like to participate in the Mature Movers Activity Programme in your area please call Ruairi on 046 -9067337.

Older Adult Programmes

Games for Life

Activities for adults 50+



Pictured above: Go for Life Games! Meath team that participated in the Regional Games in Muirhevnamor, Dundalk on Thursday 19th April and the National Games on the 9th June 2018. The team look great in their new t-shirts!



Pictured above: Skryne Active Retirement team that won the Active Retirement Bowls League Division 1 title on Wednesday 25th April in Oldcastle.

Older Adult Programmes

Games for Life

Activities for adults 50+



Pictured above: The Carnaross Active Retirement team that won the Active Retirement Bowls League Division 2 title on Wednesday 25th April in Oldcastle.



**Moynalty Men's Shed
hard at work making
Cornhole sets for active
retirement and disability
groups!
The Cornhole League will
restart in September!**

Sports Ability

Learn 2 Cycle

The Learn 2 Cycle programme is a 6 week programme aimed to assist children with disabilities to cycle independently.



The recent Learn 2 Cycle programme was hosted by St. Ciaran's Community School, Kells. Transition year students received Disability Awareness Training and 12 students took part in the delivery of the programme. The students made a huge impact on the programme and we would like to say a sincere thank you to the school and all the students for encouraging and supporting all the new cyclists.

'He went from no balance at all to being able to cycle unaided after 4 weeks!'

If you would like your child to take part or want further information please feel free to contact 046-9067337.

'I think they TY students are a great help, encouraging all the kids along and showing them what they can do week on week'.



Swim Ability

Swim Ability is a programme aimed at increasing children's confidence and ability in the water.

The programme took place over 6 weeks, one session per week delivered by qualified swim instructors.

This programme was delivered in conjunction with Kells Swimming Pool and supported by Swim Ireland. 9 children with disabilities benefitted from the skills and confidence in the water.

For more information on the Swim Ability programme, please contact Meath LSP on 046-9067337.



"This programme caters for my son's individual needs and allows him to become more confident in the water while also having an element of fun which he absolutely loves."

programme, developing their

"The instructors have been so patient, kind, professional and their experienced is a valuable asset to these children."

Sports Ability

Vision Impairment Tennis

VI Tennis is a programme offered to players who are blind or have a vision impairment wishing to play Tennis. The aim of the programme is to increase participation in tennis and promote the adapted form of the game.



6 junior players are taking part in weekly tennis lessons in Kells Tennis Club with Coach Richard Turner. This programme has taken great strides in Meath since its establishment in August 2017 as the players are taking the step into the club and joining as members.

We wish the players many hours of tennis as members of their local tennis club. Thank you to coach Richard Turner for supporting this development.

If you are interested Sessions take place every Sunday 12-1pm in Kells Tennis Club, cost €5 per session.

For more information about these sessions, please contact Richard Turner on 086-8524410.

YOGABILITY

YOGABILITY was a 5 week yoga programme aimed to introduce children with disabilities to yoga and practice it in a safe and fun environment.

6 children attended this programme which was held in 'Breathe Yoga & Pilates Trim'.

All the children truly enjoyed the experience and are now looking at opportunities to link in with further classes.



"We'll be back next Thursday, he absolutely loves it."

Well done to all children and parents involved and thank you to Breathe Yoga & Pilates and Yoga Loft Meath for supporting this programme.

Learn 2 Run



14 young people aged 12-18 years recently completed a Learn 2 Run programme with Meath LSP. This programme was delivered in conjunction with Meath Children and Adult Mental Health Service (CAMHS) and Jigsaw Meath. Learn to run took place over 6 weeks, one session per week. Each week participants worked on their running technique and improving their stamina.



7 of the participants went on to complete the Royal County 5km Community Event, a fantastic achievement by all involved!

Well done to all of the young people and thank you to tutor Cailin McDonagh for supported the participants to complete the Royal County 5km.

Sports Ability

Kids Aged
4 – 11 YRS

Julianstown
Autism Support Group

SUMMER CAMP 2018

VOLUNTEERS WANTED!!

An inclusive multi-activity sports camp
that supports children with
autism and intellectual disabilities.

THIS CAMP IS NOW AT FULL CAPACITY!!

Camps run Monday to Thursday 10.30am to 1.30pm

Ages 4 – 7yrs : July 9th to 12th

Ages 8 – 11yrs : July 16th to 19th

At Julianstown Community Centre,
Sandyhall Road, Julianstown.



Sports Ability



WHEELCHAIR SUMMER CAMP!

Claremont Stadium, Navan.

<p>27th July Friday 10am-2pm</p> <p>Wheelchair Skills Workshop with Go Kids Go! Independence through mobility www.go-kids-go.org.uk</p> 	<p>7th-9th August Tues-Thurs 10am-1.30pm</p> <p>Wheelchair Sports and Craft Camp</p> <ul style="list-style-type: none">• Try out new sports/crafts/games• Link with local clubs• Make new friends 
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There will be something for everyone!

Meet other young wheelchair-users and learn skills to help you become more independent. Extra wheelchairs provided for Mums, Dads, brothers and sisters to join in with the fun!



"Get on a Go-Kids-Go course as soon as you can, you could not do more for your child, and you will be eternally thankful to this inspiring organisation." - Parent, Lancashire

"Our son loved trying all the different sports. He really enjoyed all the fun at it as well." - Parent following the Meath 2017 Wheelchair camp.

Contact Meath Local Sports Partnership (046-9067337) or your local HSE Therapist for more information.

Sports Ability

MEATH SPORTS ABILITY

TENNIS

PLAYERS WITH A VISION
IMPAIRMENT

**SUNDAY
12-1PM
KELLS TENNIS
CLUB
€5 PER SESSION**

CYCLING

LEARN 2 CYCLE

**NAVAN
SEPTEMBER
€35 FOR 6 WEEKS**



**FOR BOOKING OF THE ABOVE
PLEASE CONTACT 046-9067337**



FOOTBALL FOR ALL

PRIMARY SCHOOL
AGED CHILDREN

**SATURDAY
3-4PM
EAST MEATH
UNITED FC
EMAIL: [football4all@
eastmeathunited.ie](mailto:football4all@eastmeathunited.ie)**

RUGBY

NAVAN INCLUSIVE
RUGBY TEAM

**SUNDAY
10-11AM
NAVAN RFC
EMAIL: [navanccro@
leinsterrugby.ie](mailto:navanccro@leinsterrugby.ie)**

GYMNASTICS

GymABLE
PROGRAMME

**TUESDAY
5-6PM
COOLMINE G.C.
ASHBOURNE**

EMAIL: coolminegymnastics@yahoo.co.uk

HORSE RIDING

CONTACT: Jacinta 087-1381716

**TUESDAY
FROM 2PM
BROOKFIELD
STABLES, NAVAN**

GAA

ALL ABILITIES
WELCOME

**SATURDAY
10.30-11.30AM
ST. COLMCILLES
GAA**

Contact: Ken 087-6349162

Calendar of Courses and Events 2018

Activity	Date	Time	Venue
June			
Walk 'n' Tone	June 25th	7pm	Ashbourne
July			
Meath Heritage Cycle Tour — Family Spin (11km)	28th July	5pm	Trim
Meath Heritage Cycle Tour — 100km & 50km	29th July	9.30am & 10.30am	Trim
August			
Meath Running Group— Block 3	23rd August	7pm	Claremont Stadium, Navan
September			
Safeguarding 1—Basic Awareness Workshop	5th September	6.30pm-9.45pm	Windtown Unity Centre, Navan
Safeguarding 2 Club Children's Officer Workshop	20th September	6.30pm-9.45pm	Windtown Unity Centre, Navan
October			
Safeguarding 1—Basic Awareness Workshop	2nd October	6.30pm-9.45pm	Windtown Unity Centre, Navan
Sports Injuries First Aid	8th October	6.30pm-10pm	Windtown Unity Centre, Navan
Safeguarding 3 Designated Liaison Person Workshop	11th October	6.30pm-9.45pm	Windtown Unity Centre, Navan
Safeguarding 1—Basic Awareness Workshop	15th October	6.30pm-9.45pm	Windtown Unity Centre, Navan
November			
Safeguarding 1—Basic Awareness Workshop	7th November	6.30pm-9.45pm	Windtown Unity Centre, Navan
Safeguarding 2 Club Children's Officer Workshop	8th November	6.30pm-9.45pm	Windtown Unity Centre, Navan
Safeguarding 3 Designated Liaison Person Workshop	20th November	6.30pm-9.45pm	Windtown Unity Centre, Navan

PLEASE CHECK OUT OUR WEBSITE www.meathsports.ie OR CONTACT THE OFFICE FOR INFORMATION
 Meath Local Sports Partnership, Town Hall, Watergate Street, Navan, Co. Meath. Tel: 046-9067337 , Email:
mlsp@meathcoco.ie